

Future Directions in the Opioid Crisis: Improving Systems to Better Serve Individuals and Families



## WELCOME

On behalf of the Region 10 planning committee we would like to express a special thank you to Johnson Bill and Caroline Cruz, the Confederated Tribes of Warm Springs, Ann Penn-Charles, Quileute Tribe, and Veronica Stearns and Shad St Paul, Spokane Tribe Indians, for the invocations at the openings of the summit.



## TABLE OF CONTENTS

Summit Information	4
Agenda at a Glance	5
Tracks at a Glance	6-7
Plenary & Workshop Sessions	8-19
Sponsors & Exhibitors	20-21

### A SPECIAL THANK YOU TO THE PLANNING COMMITTEE!

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Katie Chapman, Alaska Division of Behavioral Health

Sarah Mariani, Washington State Health Care Authority Sarah Multanen-Karr, Washington State Health Care Authority Sarah Pine, Washington State Health Care Authority Shane Coleman, SouthCentral Foundation Stephanie Endler, Washington State Health Care Authority Verné Boerner, Alaska Native Health Board

## SUMMIT INFORMATION

### Check-in, Continuing Education Hours, and Certificates

Participants can earn 10 Continuing Education Hours (CEHs) for attending the general Summit. Continuing Education Hours (CEHs) have been approved by NAADAC.

Participants must log in to the platform and watch sessions in full in order to receive credit for attendance for the general Summit.

Certificates for the general Summit will be sent digitally to all participants AFTER the Summit. Certificates will be emailed to the email address used for registration 10 business days following the completion of the electronic overall evaluation. To avoid system messages from sending to a SPAM folder, please approve messages from: contactus@ region10opioidsummit.org or from noreply@etouches.com

Certificates will not be mailed or printed.

### **Online Summit Evaluations**

Links to the workshop and overall evaluations will be linked within the conference platform in the Resource Center upon conclusion of the Summit.

### Presentation Handouts and Resources

Participants may download presentation resources and PowerPoints from the Summit platform in the Resource Center.

## AGENDA AT A GLANCE

TUESDAY, AUGUST 3, 2021
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9:00 am - 9:45 am
9:45 am - 11:00 am
11:00 am - 11:15 am
11:15 am - 12:00 pm
12:00 pm - 12:30 pm
12:30 pm - 1:30 pm
1:30 pm - 2:00 pm
2:00 pm - 3:00 pm

Welcome

- Introduction & Opening Remarks
- Land Acknowledgment
- Tribal Invocation

#### Plenary

Transition/Exhibit Hall Break

- m Facilitated Conversation Sessions
  - h Lunch/Exhibit Hall Break
  - Workshop Session I
  - Transition/Exhibit Hall Break

Workshop Session II

### WEDNESDAY, AUGUST 4, 2021

9:00 am - 9:45 am	Welcome • Introduction & Opening Remarks • Land Acknowledgment • Tribal Invocation
9:45 am - 11:00 am	Plenary
11:00 am - 11:15 am	Transition/Exhibit Hall Break
11:15 am - 12:00 pm	Facilitated Conversation Sessions
12:00 pm - 12:30 pm	Lunch/Exhibit Hall Break
12:30 pm - 1:30 pm	Workshop Session III
1:30 pm - 2:00 pm	Transition/Exhibit Hall Break
2:00 pm - 3:00 pm	Workshop Session IV

### THURSDAY, AUGUST 5, 2021

9:00	am	- 9:4	15 â	am

9:45 am - 11:00 am

#### Welcome

Plenary

- Introduction & Opening Remarks
- Land Acknowledgment
- Tribal Invocation

### 11:00 am - 11:15 am 11:15 am - 12:00 pm 12:00 pm - 12:30 pm 12:30 pm - 1:30 pm

1:30 pm - 2:00 pm

#### 2:00 pm - 3:00 pm

Transition/Exhibit Hall Break Facilitated Conversation Sessions

- Lunch/Exhibit Hall Break
- Workshop Session V
- Transition/Exhibit Hall Break
- Plenary

## TRACKS AT A GLANCE

#### Prevention

#### Intervention

#### TUESDAY, AUGUST 3, 2021

12:30 - 1:30 PM   Workshop Session I			
<b>Prevention</b>	<b>Prevention</b>	<b>Intervention</b>	
Healing of the Canoe:	Opioid Prevention for	King County Fentany	
Pre-COVID 19 and	Older Adults	Youth Response	

#### Intervention

Canceled - Washington - Integrated Services

#### 2:00 - 3:00 PM | Workshop Session II

Prevention Moving Toward the Next Right Thing

Post-COVID 19 Services

> Prevention Transformational Pain Care in Fully integrated Community Health Center

#### Intervention Project NEON: A Unique Harm Reduction Program

#### Intervention

A Novel Solution to Growing Recovery and Crisis Centers in Rural Idaho

#### WEDNESDAY, AUGUST 4, 2021

#### 12:30 - 1:30 PM | Workshop Session III

Prevention	Prevention	Intervention	Intervention
Alaska's Response	Addressing Historical	Warm Handoff	Overdose Trends to
to Families with	Trauma in Tribal	Program in a Crisis	Watch - Fentanyl,
Newborns and	Communities	Center in Idaho Falls,	Methamphetamine,
Affected by Opioids		ID	and Other Emerging
<i>,</i> ,			Issues - Part I

#### 2:00 - 3:00 PM | Workshop Session IV

Prevention Pain, Trauma, The Brain & Opioids

#### Prevention Meaningful Collaboration: How to Make Prevention Communications

More Inclusive

Intervention SaveLives Oregon Harm Reduction Supply Clearinghouse

#### Intervention

Overdose Trends to Watch - Fentanyl, Methamphetamine, and Other Emerging Issues - Part II

#### THURSDAY, AUGUST 5, 2021

#### 2:00 - 3:00 PM | Workshop Session V

Prevention Heal Safely

Prevention The Power of a Pledge Intervention Oregon - PRIME+ peer program

#### Intervention

Impacts of OUD on Missing and Murdered Indiaenous Women/ People

## TRACKS AT A GLANCE

#### Treatment

#### Recovery

#### TUESDAY, AUGUST 3, 2021

12:30 - 1:30 PM | Workshop Session I

From grassroots State efforts to a Respo	<b>Recovery</b> & Federal COVID nse & the impact ioid Treatment in n X	
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#### 2:00 - 3:00 PM | Workshop Session II

**Treatment** Native Transformations Project II Research Outcomes Treatment in Jails: Kitsap and SCORE Jail

#### **Recovery** Using Digital Engagement Tools and Electronic Recovery Records to Improve Outcomes

Recovery

The Importance of Peer Support in Native America

#### WEDNESDAY, AUGUST 4, 2021

#### 12:30 - 1:30 PM | Workshop Session III

Treatment Treatment   Immediate Treatment Roadmap to Recovery	<b>Recovery</b> Intergenerational Trauma and the Healing Forest	<b>Recovery</b> A Peer Led Community- Based Approach to Supporting Individuals in Opioid Use Recovery
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#### 2:00 - 3:00 PM | Workshop Session IV

#### **Treatment** Providing Low-Barrier, On-Demand, Addiction

Treatment Pre- and

Post-Pandemic -

Oregon

Confronting Rural Washington's Opioid Crisis

Treatment

#### **Recovery** Becoming Certified as a Wellbriety Treatment Center

#### Recovery

Building Culturally Responsive Recovery Community Centers

### THURSDAY, AUGUST 5, 2021

2:00 - 3:00 PM | Workshop Session V

#### Treatment

Contingency Management -Addressing Stimulant Use in the Opioid Treatment Program

#### Treatment

Creating a Community Network of Support for Pregnant Women with Opioid Use Disorders

#### Recovery

Improving the Quality of Life: A Harm Reduction Approach

#### Recovery

Novel Recovery Support Services for Opioid Use Disorder: Rationale and Science

## TUESDAY, AUGUST 3, 2021

#### 9:00 - 9:45 AM | WELCOME

#### 9:45 - 11:00 AM | PLENARY SESSION

#### **Creating Hope: Honoring Bright Spots Amidst the Opioid Crisis**

Gary L. Ferguson II, MD

Within each community lies a 'bright spot(s)' a place where people are thriving, overcoming difficulty with grace. We can often focus on the disparity, the challenge and overlook what is going well. By shifting our optics, we can see the good, the positive that is happening despite the odds. This brings needed hope in the marathon of creating well-being in our communities during the opioid crisis.

#### 11:00 - 11:15 AM | TRANSITION/EXHIBIT HALL BREAK

#### 11:15 - 12:00 PM | FACILITATED CONVERSATION SESSION

#### **Stigma and Treatment**

Amy Dura, Gayle Martinsen

Discuss how stigma towards those with opioid use disorder has impacted those seeking treatment and methods of addressing stigma in communities.

#### **World Cafe Discussions on Harm Reduction**

Monica Lee

Toast of the Town will host 3 conversation sessions on the following topics using the World Cafe discussion model.

- Equity in Harm Reduction
- Harm Reduction Across Settings
- The Future of Harm Reduction and Impacts of COVID-19

#### **Culture Based Prevention Programs including Healing of the Canoe - Cirriculum Based Prevention**

Healing of the Canoe Training Center

Facilitated networking and sharing session on the implementation of the Healing of the Canoe curriculum by Tribal and urban Indian programs.

#### State Leaders Open Discussion and Listen Session

John McIlveen, Rachel Nenno, Kris Shera, Allison Weeks

State Leaders will have an open discussion during which attendees can listen in.

#### **Community Based Models for Recovery**

Vince Collins

Come to discuss community-based models for recovery including Recovery Cafes, Recovery Housing in different settings, and Recovery High Schools.

#### 12:00 - 12:30 PM | LUNCH/EXHIBIT HALL BREAK

#### 12:30 - 1:30 PM | WORKSHOP SESSION I

#### Healing of the Canoe: Pre-COVID 19 and Post-COVID 19 Services

Vashti Langford

This presentation will focus on what the program is and how services were provided pre-Covid 19. The focus will then shift to service adjustments made during the peak of the pandemic. Finally, the adjustments made as things returned to a semi-normal service setting.

#### **Opioid Prevention for Older Adults**

Alicia Hughes, MA; Sonja Pipek, CPP

This presentation will provide an overview of the intersection between the opioid crisis and older adults. The unique challenges associated with opioids faced by older adults, and how effective prevention strategies can be employed to prevent opioid misuse and abuse will be discussed. Upon attending this presentation, participants will be able to identify programs and strategies that may be appropriate to utilize as part of your prevention efforts when considering the older adult populations in your community.

#### **King County Fentanyl Youth Response**

Brad Finegood

#### From grassroots efforts to a comprehensive system of care

Kristie Sellers, Shari Conner

This presentation will detail the organization's growth from a grassroots effort to open a 6 bed treatment facility to a comprehensive addiction care program. Current services encompass 40 treatment beds ranging from withdrawal management to recovery housing and outpatient services including individual, group, and family counseling, medication assisted treatment, crisis intervention, and drug abuse prevention.

#### State and Federal COVID Response and the Impact on Opioid Treatment in Region X

Jessica K. Blose, John W. McIlveen, Rachel Nenno, Alison Weeks

This presentation by the State Opioid Treatment Authorities (SOTAs) in Region X will discuss the impact of the COVID–19 pandemic on the highly regulated system of opioid treatment programs (OTPs) through the region.

#### **OUD & Multiple Layers of Traumas - Healing Outside of Time**

Christina Love

This workshop will address the importance of looking at the role of trauma-informed care in supporting women early in recovery from opioid use disorder.

#### 12:30 - 1:30 PM | WORKSHOP SESSION I CONTINUED

#### **Learning with Conviction: In Recovery and on Campus with a Criminal History** Dr. Noel Vest

This presentation will focus on forging pathways out of the criminal justice system for people in substance use disorder (including opioid use disorder) recovery and onto college campuses. Reversing the "school to prison pipeline". Will be partly research based with some personal story mixed in.

#### 1:30 - 2:00 PM | TRANSITION/EXHIBIT HALL BREAK

#### 2:00 - 3:00 PM | WORKSHOP SESSION II

Moving Toward the Next Right Thing: Six Steps to Assess Contextual Fit and Feasibility of Opioid-Related Prevention Efforts for Community Implementation Elizabeth Weybright, Brittany Cooper

This presentation will share a wide range of strategies our team used to develop tailored prevention communications for very different communities. We will focus on our recent work developing opioid prevention communications for Tribal, Spanish-speaking and African American audiences.

#### Transformational Pain Care in a Fully Integrated Community Health Center to Improve Patient Outcomes, Reduce Burnout, and Improve Prescribing Practices

Nora Stern, MS, PT; Andrew Suchocki, MD; Nadejda Razi Robertson

This presentation will focus on an in-depth description and review of Clackamas Health Center's journey to enhance the skills of a community health center to improve pain care for patients and maximize the skills of the entire team. We will present our work to improve safe opioid prescribing and provider knowledge of contemporary pain science, and to better integrate care for patients. This program provides tools for consistent best practice pain care at each touch. We will discuss the training process for specialty behavioral health clinicians at Clackamas Health Clinics and the integration into primary care of this specialty BH skillset to improve the workflow and patient care for pain across the continuum. Other items to be addressed include consistent language and messaging based on contemporary pain science, identification of centralized pain (particularly fibromyalgia), shared access and familiarity with resources for patients.

#### **Project NEON: A Unique Harm Reduction Program**

Peter Cleary

Project NEON - (Needle and Sex Education Outreach Network) is a Seattle-based peer led education and syringe service program providing a HIV and hepC prevention to men who have sex with men. It's history and why it works will be discussed along with an overview of how the program works to support people in our community.

#### 2:00 - 3:00 PM | WORKSHOP SESSION II CONTINUED

#### A Novel Solution to Growing Recovery and Crisis Centers in Rural Idaho

Joyce Lyons, Darrell Keim

This talk will be centered around describing the two programs founded by the presenters. The presenters will describe a replicable model their centers have developed for providing behavioral health crisis and recovery services in a rural area.

#### Native Transformations Project II Research Outcomes: A Coast Salish Community Response to a Public Health Crisis

Charene Alexander

Native Transformations Project II is a community-based participatory research (CBPR) project and a response to our tribal partners and tribes need for health disparities research and capacity building for indigenous researchers. NTP-II is a four-year research study funded by the National Institutes of Health, National Institute of General Medical Sciences (NIGMS) and the National Institute of Drug Abuse (NIDA) to assess outcomes from medication and non-medication assisted Opioid Use disorders among Coast Salish adults from three Tribal communities in the Pacific Northwest.

#### **Treatment in Jails: Kitsap and SCORE Jail**

Lt. Jeff Gepner, Lt. Penelope Sapp

Medication Assistance Treatment (MAT) in Jails - Washington State jails have taken an aggressive approach in helping those that are incarcerated overcome their challenges with their OPIOID addictions. Kitsap County Sheriff's Office Jail and South Correctional Entity (SCORE) Jail are two of examples of jails that have adopted a rehabilitation model that includes the MAT program. Learn how these two jails developed their programs to fit the needs of their facility, and the participants they serve, while addressing staffing/operations concerns, medication diversion, and continuity of care.

### Using Digital Engagement Tools and Electronic Recovery Records to Improve Outcomes in Peer Service Organizations

Robert D. Ashford, PhD, MSW; Brent Candoe, MPA

Increasingly, individuals desire the flexibility to engage with a range of health and health-related services. RecoveryLink founders will explore the digital engagement tools - including electronic recovery records and telerecovery services - available to peer service organizations that may be leveraged to increase retention and engagement, reduce environmental and social barriers, and ultimately improve health and recovery-related outcomes amongst their stakeholders and participants.

#### The Importance of Peer Support in Native America

#### Jason Butler

Jason Butler, a member of the Ute tribe and certified peer recovery coach, will be presenting on the importance of peer recovery support in Native America. The presentation will discuss the correlation between the peer recovery support model of care and Native American culture, as well as, the important role community members with lived experience play in the recovery process. Although the peer recovery support model is fairly new, it is a growing field that is a perfect fit for Native American communities and a great compliment to clinical services.

## WEDNESDAY, AUGUST 4, 2021

#### 9:00 - 9:45 AM | WELCOME

#### 9:45 - 11:00 AM | PLENARY SESSION

#### Advances in Understanding Long-Term Remission and Recovery

John F. Kelly

It is 50 years since the declaration of the "war on drugs" in the U.S. which reflected a growing national concern regarding opioid addiction rates. The declaration marked the beginning of a concerted national effort to address "the drug problem" which resulted in "tough on crime" approaches as well as the creation of new national institutes of health addressing alcohol (NIAAA) and later, drug (NIDA) problems, as well federal administrations to address national treatment needs (SAMHSA/CSAT).

#### 11:00 - 11:15 AM | TRANSITION/EXHIBIT HALL BREAK

#### 11:15 - 12:00 PM | FACILITATED CONVERSATION SESSION

#### **Contingency Management**

Amy Dura, Gayle Martinsen

Discuss contingency management therapy and its use for opioid use disorder treatment.

#### **World Cafe discussion of Harm Reduction**

Monica Lee

Toast of the Town will host 3 conversation sessions on the following topics using the World Cafe discussion model.

- Equity in Harm Reduction
- Harm Reduction Across Settings
- The Future of Harm Reduction and Impacts of COVID-19

#### **Opioid Prevention for 18-25 year olds**

Kevin Haggerty & Jennifer Duckworth

Discuss strategies, programs, and data trends for opioid prevention for 18-25 year olds.

#### **Peers in Recovery Systems**

Joshua Wallace & Cheryl Wilcox

Discuss sustainable solutions for making peers accessible across the continuum and other innovative things your organization has done with recovery peers in your community.

#### AI/AN Opioid Response Work Group (ORW)

ORW

#### 12:00 - 12:30 PM | LUNCH/EXHIBIT HALL BREAK

#### 12:30 - 1:30 PM | WORKSHOP SESSION III

### Alaska's Response to Families with Newborns and Affected by Opioids: Practices, Partners, and Resources

Kim Guay, Sherrell Holtshouser

This presentation will provide some historical background that describes the development of the Plans of Safe Care (POSC) Initiative. Presenters will describe:

- The magnitude of the problem of prenatal exposure to opioids
- Data describing family separation from the newborn with prenatal opioid exposure
- Progress made on establishing POSC intervention
- Evidence-based screening enabling identification of pregnant women who use substances
- Support services that promote resilience and recovery for both mother and baby
- Description of partners and resources needed for POSC

#### **Addressing Historical Trauma in Tribal Communities**

Jackie Engenbretson, Rose Dominick, Danielle Lucero

Historical trauma in tribal communities has a lasting legacy that impacts many different facets of contemporary health and social concerns. This presentation will provide foundational context and share two culturally driven approaches to addressing historical trauma, the Alaska Blanket Exercise (ABE) and Calricaraq. The ABE is an experiential learning activity that walks participants through the complex history of marginalization and resilience. Calricaraq is a Yupik model that explores issues in Native communities by utilizing Yupik values and teachings from elders.

#### Warm Handoff Program in a Crisis Center in Idaho Falls

Matt Hardin, Nancy Epseth

The presentation will focus on how the presenters recognized/identified the gaps in mental health/ substance use services in their community and the programs they started in order to fill those gaps. They will discuss how they were able to weave these programs together in order to create a complete comprehensive program to cover from incarceration to long term treatment and everything in-between.

#### **Overdose Trends to Watch - Fentanyl, Methamphetamine, and Other Emerging Issues**

Jessica Filley, Megan Hearn, Dagan Wright, Conrad Otterness

In 2020 overdose deaths rose nationally and in Region X to their highest levels yet. Hear how the overdose epidemic changed in Alaska, Idaho, Oregon, and Washington. Key questions include: What drugs are involved in overdose deaths? Who is dying from overdose? How should programs adapt?

#### **Immediate Treatment**

Laura Morris

The decision to start treatment for an addiction is often contemplated deeply and mixed with barriers and thoughts of "I can do it tomorrow". The Tacoma Fire Department's Opioid Treatment Program asks "why not today?" and offers an immediate step towards ongoing treatment.

#### Roadmap to Recovery - A Guide to Future Changes and Innovations in SUD Treatment and Recovery Service Delivery

Kris Shera

Substance Use Disorders (SUD), including OUD, and their associated co-morbidities and co-occurring mental health issues present a significant public health problem with staggering costs to communities throughout the country.

#### 12:30 - 1:30 PM | WORKSHOP SESSION III CONTINUED

### Integrational Trauma and the Healing Forest

Don Coyhis

Mr. Coyhis will introduce the concept of Wellbriety as balance and connection to the natural laws that create healing within the native community. Culturally based tools are discussed as a way for changing families. A combination of immense losses and traumatic events that have perpetrated an entire culture need healing as natives across the nation are encouraged to seek to reinstate cultural ways, language and sacred traditions. The unfortunate consequences of trauma include not believing you have a future, difficulties within families and a distrust of the outside world. This is passed down through direct parent-child interactions as scientifically recorded through DNA, and also through interactions with extended family and the community. Healing will take place through application of cultural and spiritual knowledge. Mr. Coyhis will address the four directions of wellness using traditional knowledge. It will explore how the Wellbriety Movement has evolved and reached its "tipping point". He will address healing from Intergenerational Trauma, and how we need to spread the message of forgiveness in our communities. Freedom for our people is in Forgiveness.

#### A Peer Led Community-Based Approach to Supporting Individuals in Opioid Use Recovery

Joshua Wallace, Cody West

Peer Washington has been providing community based, peer led, peer emotional support since 1984. This workshop is an opportunity to learn about our past/present/future, what community based peer led recovery support services are, and why they are so important to building and maintaining person centered, long-term behavioral health recovery for those impacted by opiate addiction.

#### 1:30 - 2:00 PM | TRANSITION/EXHIBIT HALL BREAK

#### 2:00 - 3:00 PM | WORKSHOP SESSION IV

#### Pain, Trauma, The Brain & Opioids

Kevin Cuccaro

This presentation will address common misconceptions regarding pain & pain care, how individuals can hurt severely even in the absence of tissue damage, & the impact of early life stress & trauma on future experiences of pain. The talk is science based but engaging and thought-provoking for all audiences. It also provides useful clinical takeaways that are immediately actionable.

### Meaningful Collaboration: How to Make Prevention Communications More Inclusive from Planning to Implementation

Mallory Peak, Anne Blake-Burke

This presentation will share a wide range of strategies the presenters' team used to develop tailored prevention communications for very different communities. They will focus on their recent work developing opioid prevention communications for Tribal, Spanish-speaking and African American audiences.

#### 2:00 - 3:00 PM | WORKSHOP SESSION IV CONTINUED

#### **SaveLives Oregon Harm Reduction Supply Clearinghouse**

Jude Leahy, Kelsey Payne

Oregon created its 1st Harm Reduction Clearinghouse with CARES funding due to the increase in overdoses during the Covid pandemic and the overwhelming need for safer use supplies, PPE, and Naloxone. Join us to hear about the history, implementation, and outcomes. Oregon believes everyone deserves the opportunity to be healthy and safe.

**Overdose Trends to Watch - Fentanyl, Methamphetamine, and Other Emerging Issues** Jessica Filley, Megan Hearn, Dagan Wright, Conrad Otterness

In 2020 overdose deaths rose nationally and in Region X to their highest levels yet. Hear how the overdose epidemic changed in Alaska, Idaho, Oregon, and Washington. Key questions include: What drugs are involved in overdose deaths? Who is dying from overdose? How should programs adapt?

#### **Providing Low-Barrier, On-Demand, Addiction Treatment Pre and Post-Pandemic: Outcomes and Lessons Learned from Oregon**

Dr. Bradley Buchheit, Abby Lee

The Harm Reduction and Bridges to Care (HRBR) Clinic focuses on providing low-barrier, on-demand access to addiction treatment, peer support and care management. This workshop with walk participants through the evolution of HRBR and what it is today, including information about the patients they serve, outcomes, and the novel community partnerships that the clinic has fostered in an attempt to improve access to treatment for difficult to reach patient populations.

#### **Confronting Rural Washington's Opioid Crisis: How Clinicians and Caregivers Can Mobilize a Comprehensive Community Response**

Caleb Holtzer, MD, MPH

This presentation describes innovative and effective methods to provide opioid use disorder treatment in the rural and frontier areas of North Eastern Washington. Participants will become familiar with unique characteristics of rural populations and better understand the social, economic, and health challenges they face.

#### **Becoming Certified as a Wellbriety Treatment Center**

Don Coyhis

Mr. Coyhis will discuss opportunities for individuals and treatment centers to receive Wellbriety Certification. The Wellbriety Training Institute is internationally recognized, Native American operated training institute and center of excellence.

#### **Building Culturally Responsive Recovery Community Centers**

Julia Mines, Tony Vezina, Fernando Pena, Jerrod Murray

Recovery Community Centers (RCC's) are quickly becoming recognized as effective models to initiate and sustain substance use recovery. This workshop brings together a multicultural panel of Recovery Community Center experts to discuss the key components of RCC's, best practices, do's and don'ts, and lessons learned.

## THURSDAY, AUGUST 5, 2021

#### 9:00 - 9:45 AM | WELCOME

#### 9:45 - 11:00 AM | PLENARY SESSION

### Treatment of Opioid Use Disorder and Co-Occurring Psychiatric Disorders

Andrew Saxon

This presentation will explore several aspects of co-occurring psychiatric disorders among persons being treated with medications for opioid use disorder. It will cover rates of co-occurring disorders in this population. It will look at moderating effects of co-occurring disorders on treatment outcomes. It will examine the direct impact of the medications, buprenorphine, methadone, and naltrexone on co-occurring disorders. It will look at specific treatments for co-occurring disorders in this population, including psychotherapy and pharmacotherapy.

#### 11:00 - 11:15 AM | TRANSITION/EXHIBIT HALL BREAK

#### 11:15 - 12:00 PM | FACILITATED CONVERSATION SESSION

#### **World Cafe discussion of Harm Reduction**

Monica Lee

Toast of the Town will host 3 conversation sessions on the following topics using the World Cafe discussion model.

- Equity in Harm Reduction
- Harm Reduction Across Settings
- The Future of Harm Reduction and Impacts of COVID-19

#### **Opioid Prevention for juvenile justice youth**

Kevin Haggerty & Shemonta Dean

Discuss strategies and programs for opioid prevention for juvenile justice youth.

#### Tribal Opioid Response (TOR) Consortium

TOR

12:00 - 12:30 PM | LUNCH/EXHIBIT HALL BREAK

#### **Heal Safely**

Mary Borges, Marrian Hammond, BA

Heal Safely is a campaign to empower people to heal safely after an injury or surgery. We believe that everyone deserves safe, effective options that will help them rest, recover and get back to daily life. The Campaign predominantly focuses on reducing upstream demand for opioids before people begin taking them or, in cases where people have taken prescription opioids for pain management in the past, to reduce or prevent future use. The focus of our research and our work in this project is on the following communities who have experienced disparities in health and health care, and who have been disproportionately affected by the opioid crisis; American Indian/Alaska Native, African American, Latino/a, and People living in rural communities.

#### The Power of a Pledge

Michelle Hedge, Anne Blake-Burke

The presentation will give an overview of the Pharmacy Safe Storage Program that was piloted in 2020 in Pierce county. Michelle will give an overview of what the program is and how it was piloted, results from last year's participants and a look at this year's program expansion statewide.

#### **Oregon's PRIME+ Peer Program: Reaching People at Risk for Overdose and Infection Related to Substance Use**

Samantha Byers, Jude Leahy, Gillian Leichtling

Oregon is widely affected by opioid and methamphetamine use and harms, including overdose and infections (such as hepatitis C) related to injection drug use. Oregon Health Authority (OHA) has funded organizations serving 22 counties around the state to implement the PRIME+ peer program, employing peers with lived experience to engage people in need of support and link to resources, services, and care. PRIME+ is a collaborative effort of OHA's Behavioral Health Services and Acute and Communicable Disease Programs. PRIME+ peers engage people who are at varying stages of change, using a harm reduction approach. Participants are referred by hospitals/emergency departments and other medical settings, varied community organizations, and direct street outreach. Presenters will describe state-level infrastructure to support the PRIME+ program, community implementation, and successes and challenges. Preliminary program data will also be presented.

#### 12:30 - 1:30 PM | WORKSHOP SESSION V CONTINUED

#### Impacts of OUD on Missing and Murdered Indigenous Women/People and the Movement to Change Systems to Find these Women/Youth/People Carolyn Deford

This presentation will providing information on how risk factors including mental health and substance use disorders and opioid use disorders have contributed to a disproportionality of missing a murdered indigenous women. This presentation can provide information on how efforts to address Missing and Murdered Indigenous Women can include prevention efforts and harm reduction efforts for SUD/MH/ OUD. Tribes in Washington have identified that they identify issues in working with law enforcement when an individual has a reputation of having substance use disorders, criminal history, and/or mental health concerns. This has been a national movement and the Washington State's significant efforts to address this issue has taken place including WA State SB 2951 to determine the scope of the problem, identify barriers, and increase partnerships on reporting and investigation. The initial report was published in 2019. Some highlights from the report include, "communities need resources" and not enough "safe" places to go", need for counseling and family services, and need for education within communities to educate youth on sex trafficking and alcohol/substance use/abuse. The State was able to support the funding to hire two Tribal Liaisons within the Washington State Patrol to follow cases of missing and murdered indigenous women/people.

#### **Contingency Management - Addressing Stimulant Use in the Opioid Treatment Program Setting**

Kyle Gray, Megan Marx, MPA, Bryan Hartzler, PhD, Kelsey Smith Payne, BA, John McIlveen, PhD

Despite decades of evidence demonstrating the effectiveness of utilizing contingency management (CM) in SUD settings, this treatment approach still remains significantly underused. With rising rates of stimulant usage among the SUD impacted population, and high rates of co-occurring opioid and stimulant usage, contingency management practices can help to increase client engagement, improve outcomes, and increase rates of retention in treatment. In this panel presentation, attendees will hear from program staff, as well as State and regional partners, about implementation of a CM project at an opioid treatment program (OTP) in Southern Oregon. The presenters will discuss the development of the project, goals, and outcomes, as well as future considerations and lessons learned in implementing CM in this setting.

#### **Creating a Community Network of Support for Pregnant Women with Opioid Use Disorder**

Adam Kartman, Natalie Andrews

A Nurse Care Manager's role in supporting pregnant and parenting women who experience opioid use disorder. This breakout session will address how to engage mothers and those who surround them with medication for opioid use disorder, community resources and supports while providing them with non-judgmental care.

#### Improving the quality of life: A Harm Reduction Approach

Marjorie Wilson

#### 12:30 - 1:30 PM | WORKSHOP SESSION V CONTINUED

#### **Novel Recovery Support Services for Opioid Use Disorder: Rationale and Science** John F. Kelly

The addiction treatment field has become adept at addressing acute care and short-term treatment needs of individuals suffering from opioid and other substance use disorders. During the past 30 years, however, it has become increasingly apparent that compared to those suffering from other substance use disorders, those suffering from opioid use disorder are in need of more additional recovery support services, have substantially lower recovery capital and quality of life in early remission, and feel more stigmatized, marginalized, and discriminated against. In addition to the typical two-tier system consisting of professional treatment and mutual-help organizations (e.g., AA, NA, SMART Recovery etc), there is an emerging third tier of services that has emerged designed to address the ongoing needs of those not met over time from clinical care alone. This workshop describes the scientific and clinical rationale for the growth and expansion of such services and reviews the preliminary evidence for their clinical and public health utility.

#### 1:30 - 2:00 PM | TRANSITION/EXHIBIT HALL BREAK

#### 2:00 - 3:00 PM | PLENARY SESSION

#### Measure 110 - The Nation's 1st Decriminalization of Drugs Act

Wes Rivers, Steve Allen, Dawn Jagger, Ron Williams, Sabrina Garcia, LaKeesha Dumas

The Drug Addiction Treatment and Recovery Act (Ballot Measure 110) changes several criminal sentencing laws regulating the possession of controlled substances (PCS). PCS convictions changed to criminal violations, except where an individual possesses a substantial quantity of drugs, which would be a misdemeanor, or is convicted of a commercial drug offense, which would be a felony. Oregonians passed Measure 110 on Nov. 3, 2020, voters in Oregon made it clear they want to see a different approach to helping people with substance use disorders (SUD). Measure 110 establishes a more health-based, equitable and effective approach to SUD in Oregon by shifting the response to drug possession from criminalization to treatment and recovery. The Measure seeks to expand access to services and supports for low barrier SUD treatment, peer support and recovery services, transitional, supportive, and permanent housing for persons with SUD, and harm reduction interventions. As well as the unique creation of the Addiction Recovery Centers.



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