

Collaboration and Strategic Planning to Reduce and Prevent Opioid and Substance Use Disorders in Alaska

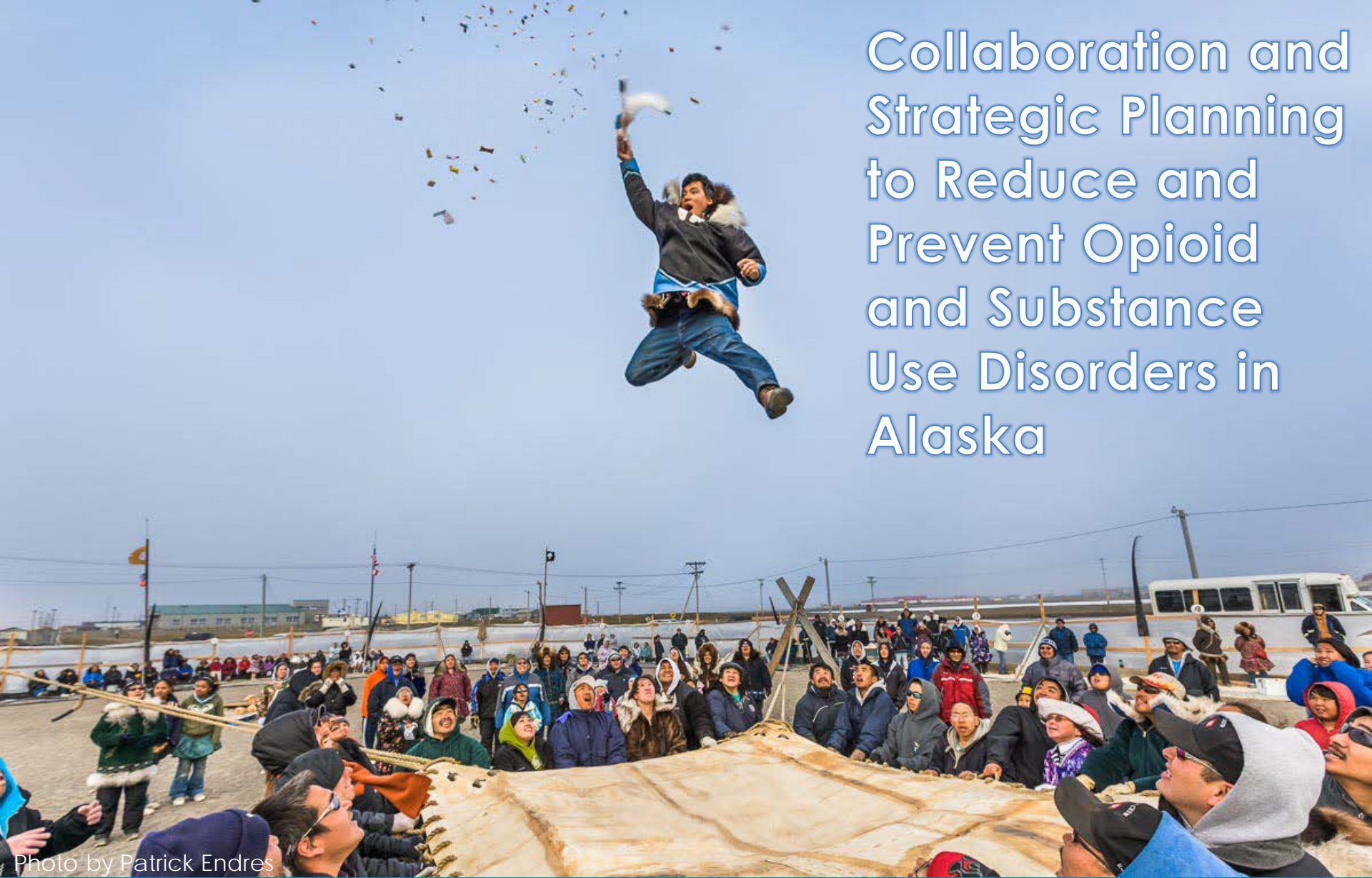
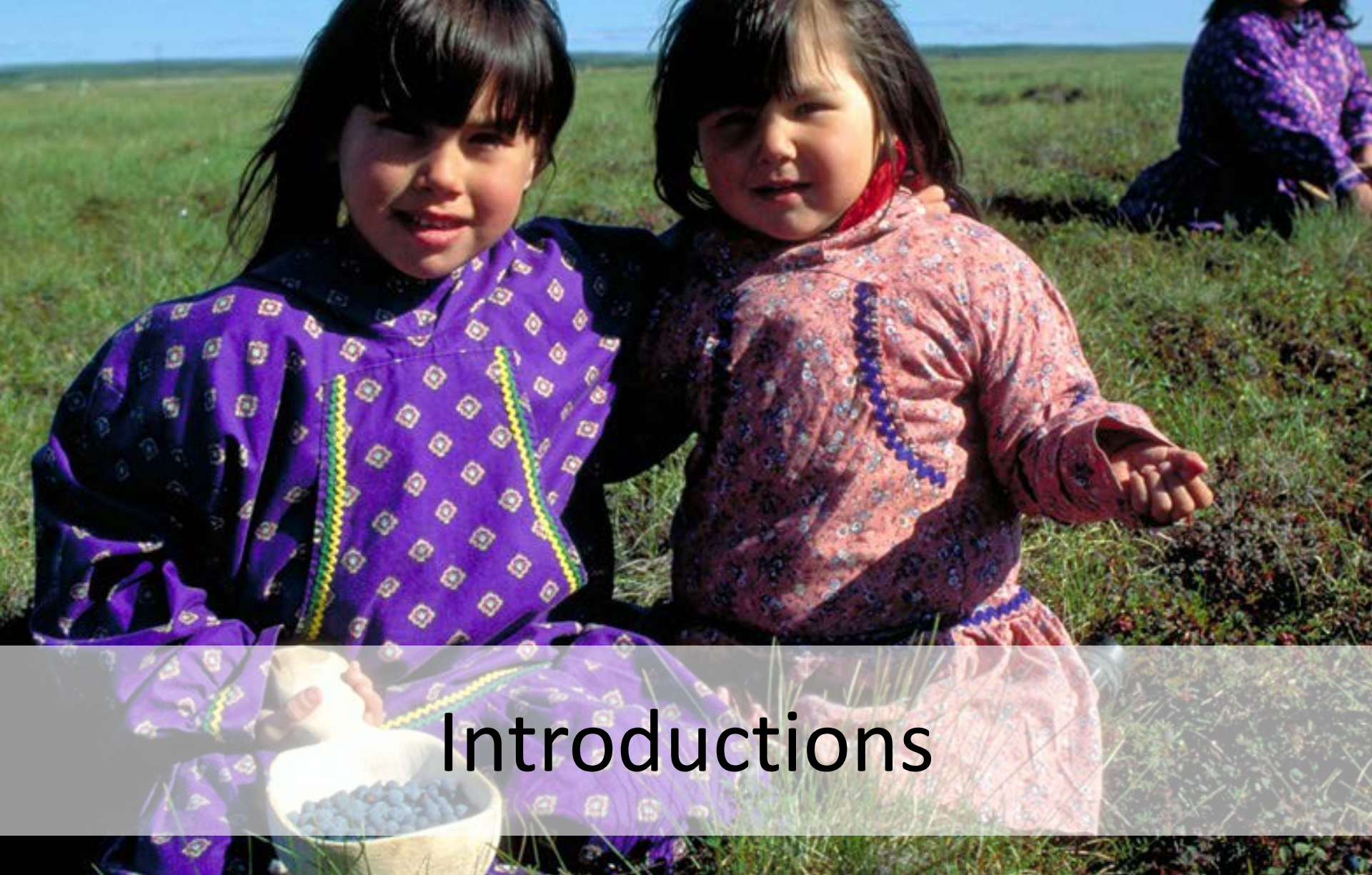


Photo by Patrick Endres

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Introductions



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Learning Objectives

By the end of this session, participants will

- Describe how public health policies impact behavioral health service delivery;
- Be able to name the top six public information needs identified in the ANTHC statewide needs assessment; and
- Identify collaborative strategies to improve tribal public health systems.



Agenda

- I. ANTHC and Alaska Tribal Health System Overview
- II. Alaska Tribal Statewide Needs Assessment
- III. 42 CFR Part 2
- IV. Collaborative Strategies
- V. Results from Strategic Planning Session
- VI. What's Next





Alaska Native Tribal Health Consortium

An Overview



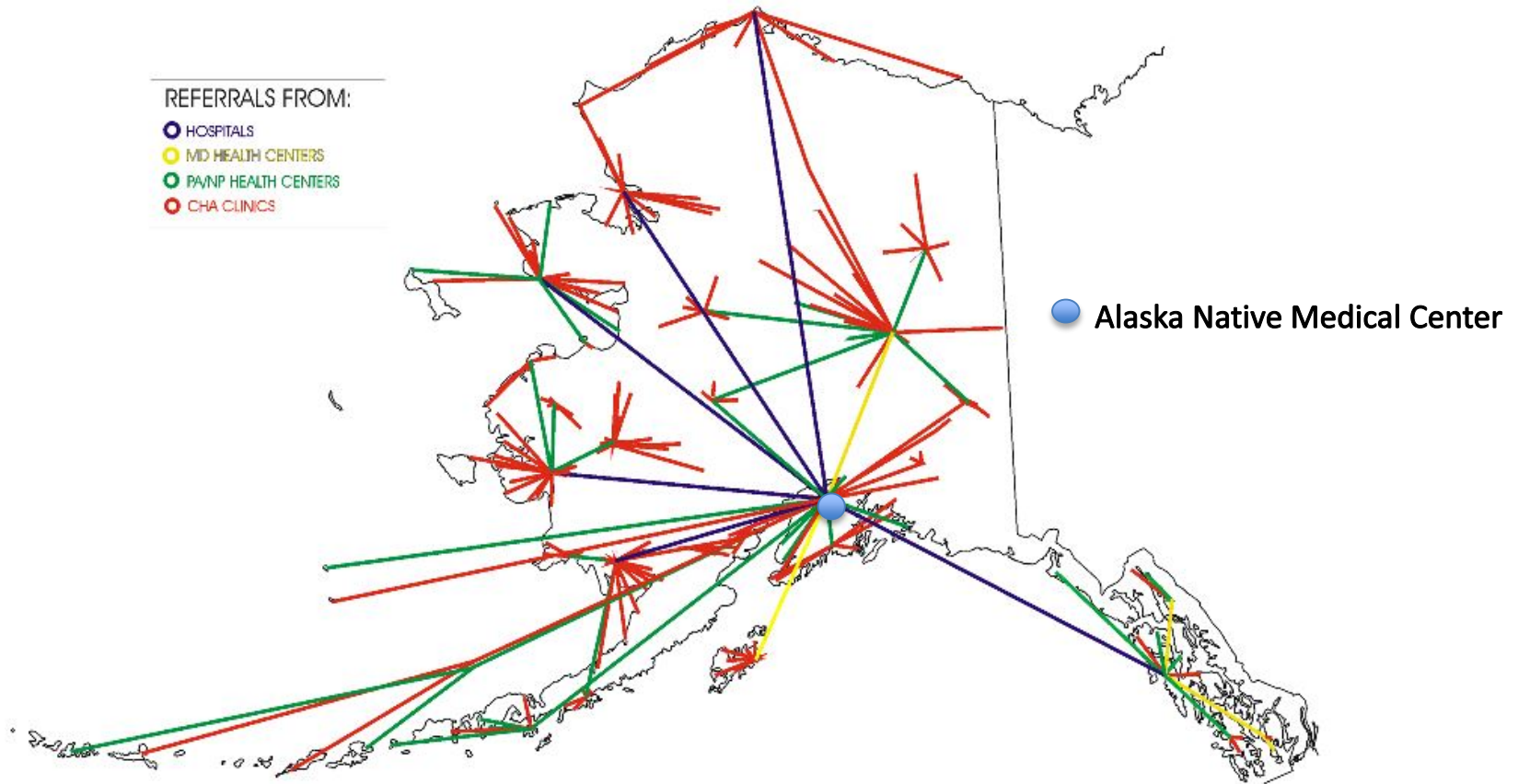
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OUR VISION:

Alaska Native people are the healthiest people in the world.

Alaska Tribal Health System (ATHS)

Typical Referral Patterns



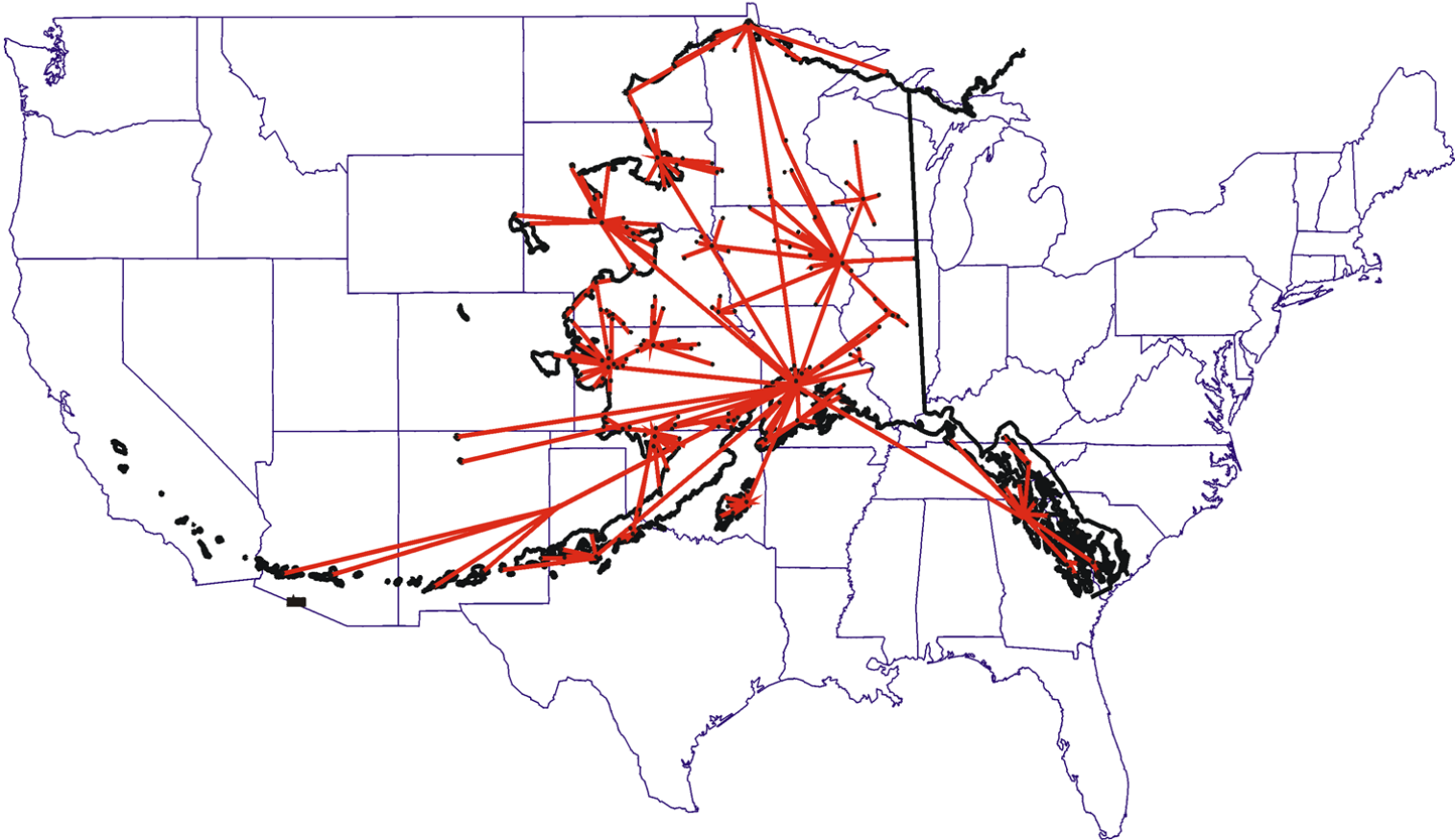
Map provided by
Alaska Native Tribal Health Consortium
Division of Information Technology
www.athc.org



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THE ALASKA NATIVE HEALTH CARE SYSTEM REFERRAL PATTERN

Same Scale Comparison - Alaska Area to Lower 48 States





Yukon-Kuskokwim Health Corporation Service Area Map

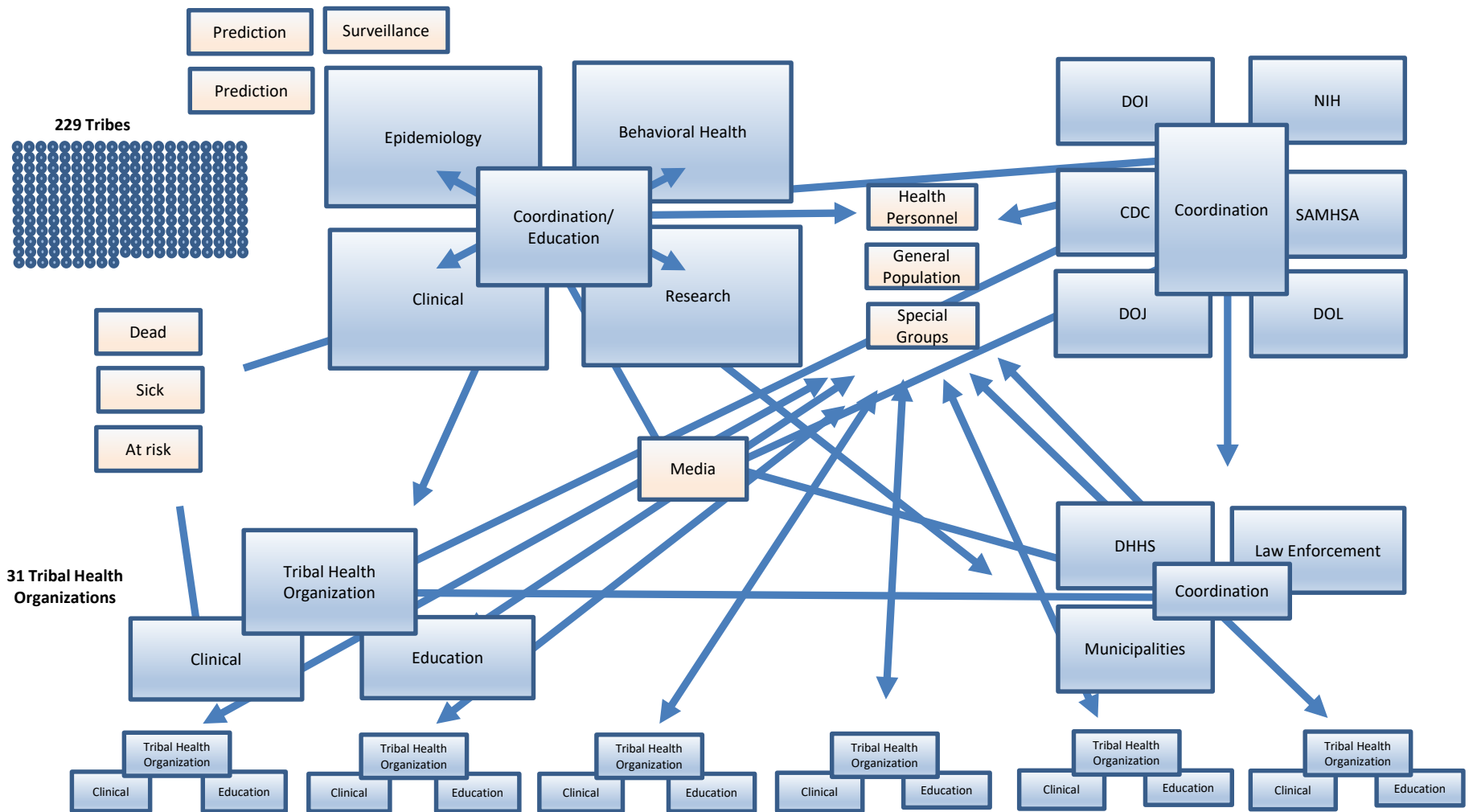


**Subregional Clinic
Service Areas**
Emmonak
St. Mary's
Aniak
Toksook Bay
Hooper Bay

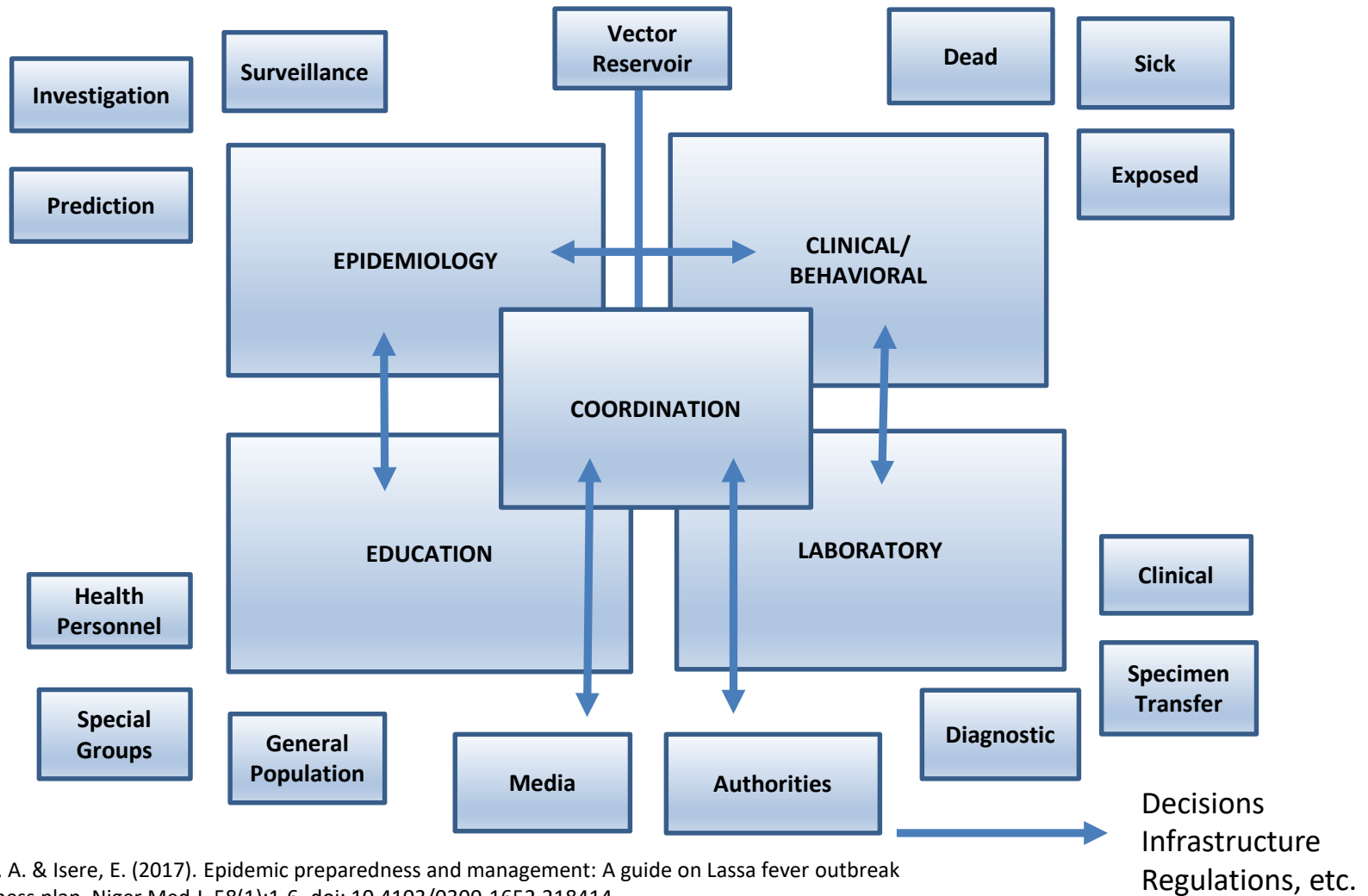


Alaska Tribal Statewide Needs Assessment





Emergency Operating Center Model



Fatiregun, A. & Isere, E. (2017). Epidemic preparedness and management: A guide on Lassa fever outbreak preparedness plan. *Niger Med J.* 58(1):1-6. doi: 10.4103/0300-1652.218414.

Gap: Need for Plain Language Materials

How do opioids
're-wire' a brain?

What causes addiction?



How do brain changes
affect behavior?

Do brain changes stop
people from wanting to
end use?



Key Messages

**EFFECT OF OPIOIDS
ON BRAIN**

**MEDICATION
ASSISTED
TREATMENT**

**HOW TO GET
TREATMENT**

**HOW TO HELP
SOMEONE**

CHRONIC PAIN

**EFFECT OF LONG
TERM USE**





42 CFR Part 2

Background and Challenges



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42 CFR Part 2

- Purpose: to ensure privacy for individuals seeking help for drug or alcohol problems, who might otherwise be deterred from accessing services.
- Prohibits all disclosures without consent, except those specifically outlined by the regulations.



Challenges Related to 42 CFR Part 2

- Intentionally designed to limit information sharing
- Limits collaboration



ABC Treatment Center



Dr. Van Buren

Primary Care Office



Dr. Harrison

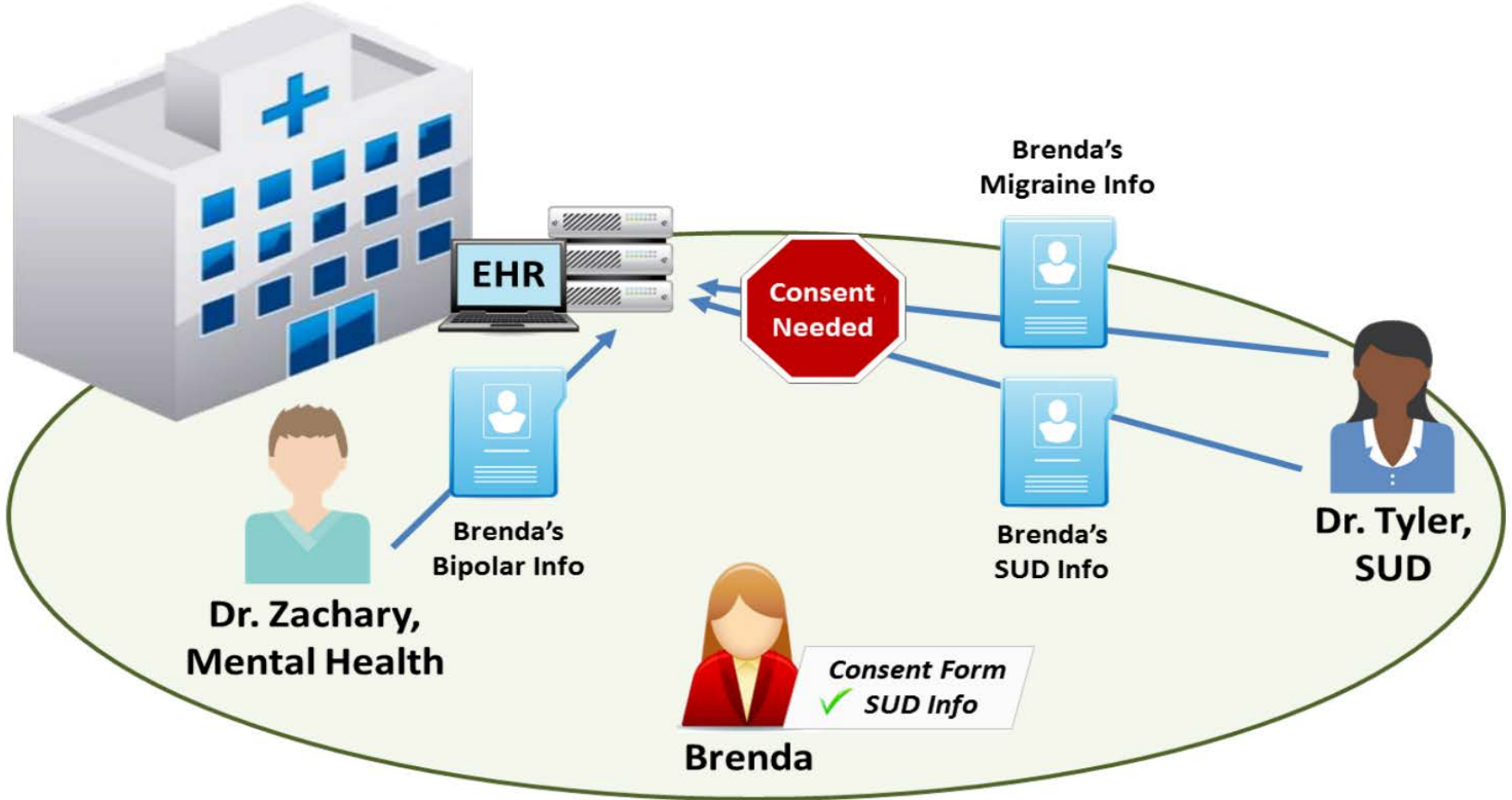
**Charlie's
SUD Info**



Charlie

Consent Form
✓ *Dr. Harrison*

Acme Community Mental Health Center





Collaborative Strategies

Photo by Patrick Endres

Collaborative Partners



- Regional tribal health organizations
- Native villages
- State
- Federal

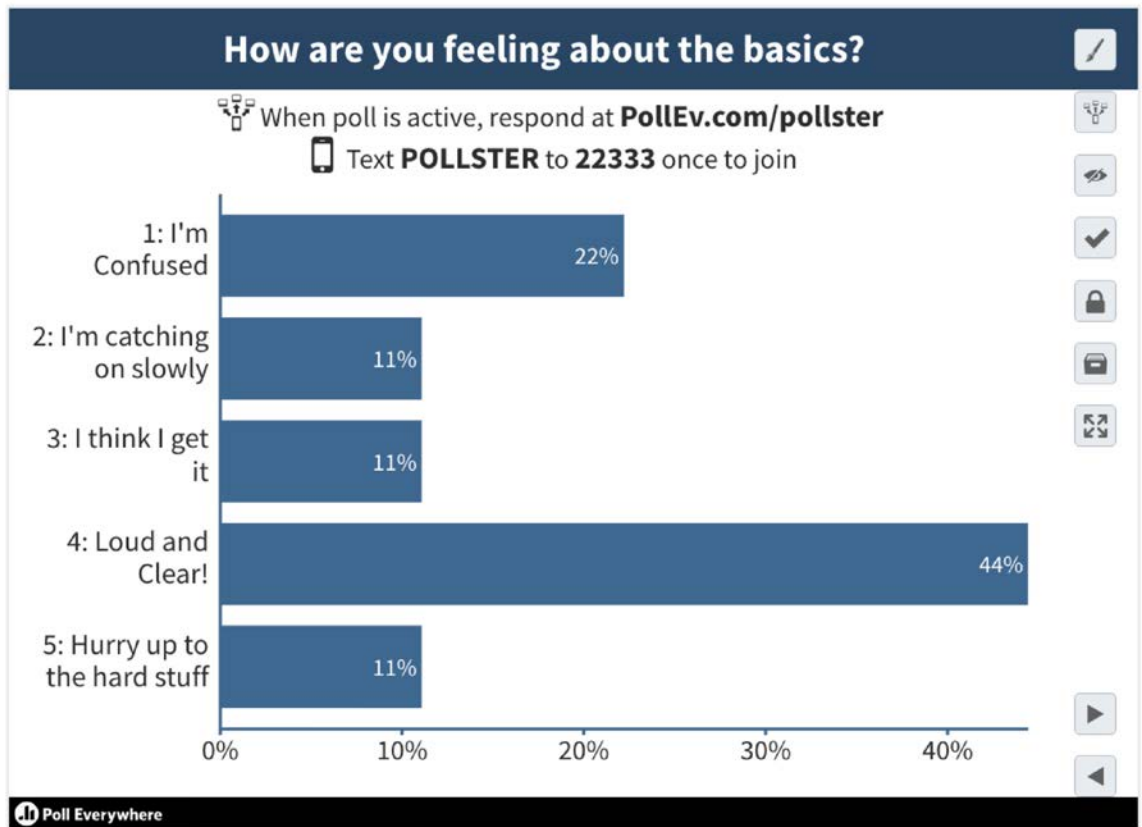
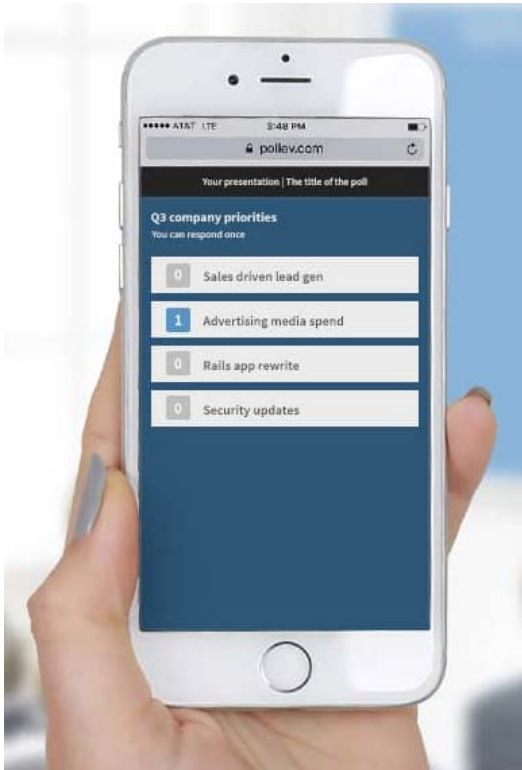


Applying Adult Learning Principles

- Learning styles
- Communication styles
- Engagement tools
- Brain breaks

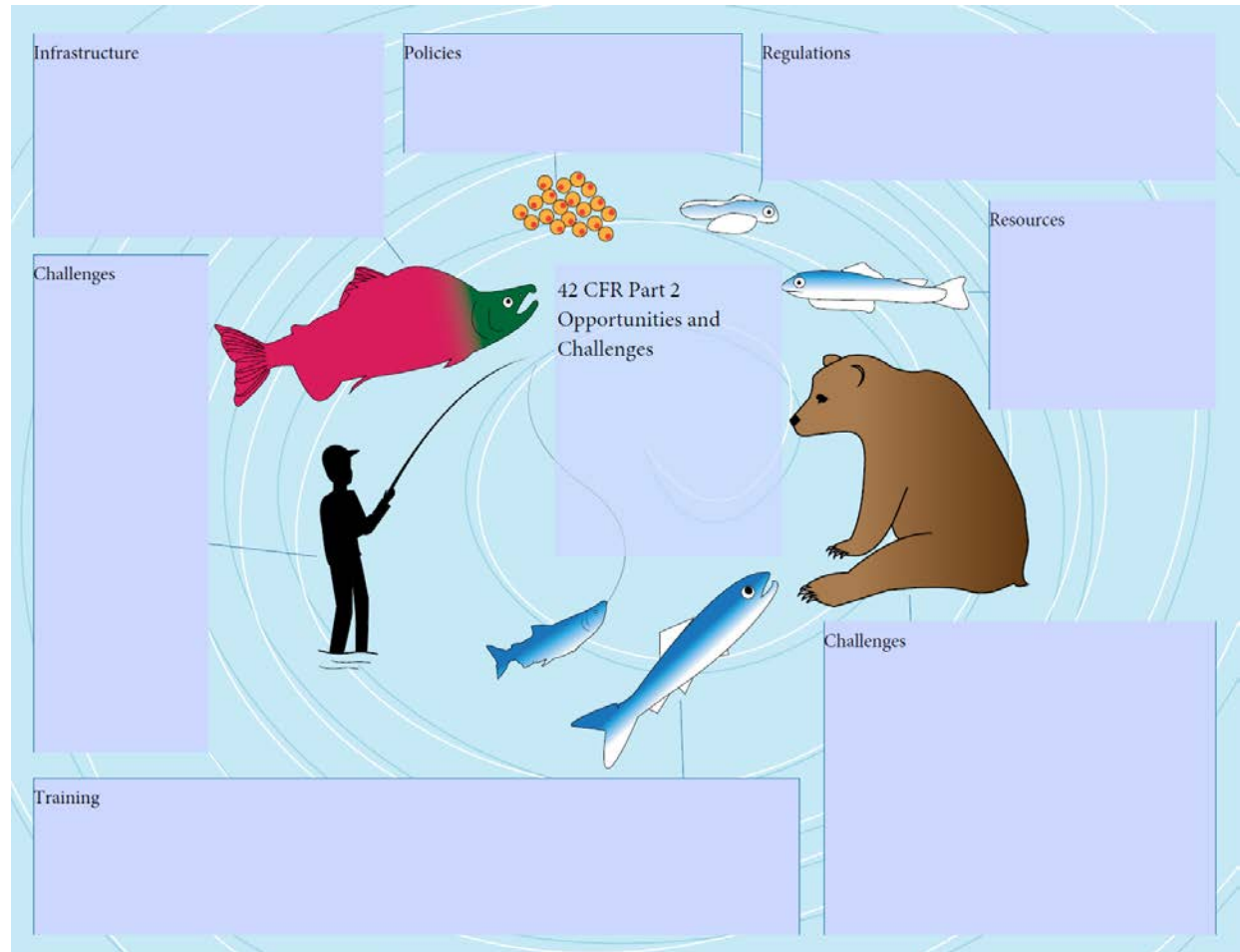


Poll Everywhere



Gamestorming

- Storyboard
- Flip It
- Speed Boat
- Carousel





Strategic Priorities



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Strategic Priorities



Behavioral health workforce development among Alaska residents;



Treating root causes of addiction; and



Destigmatizing and humanizing prevention, intervention, and treatment.





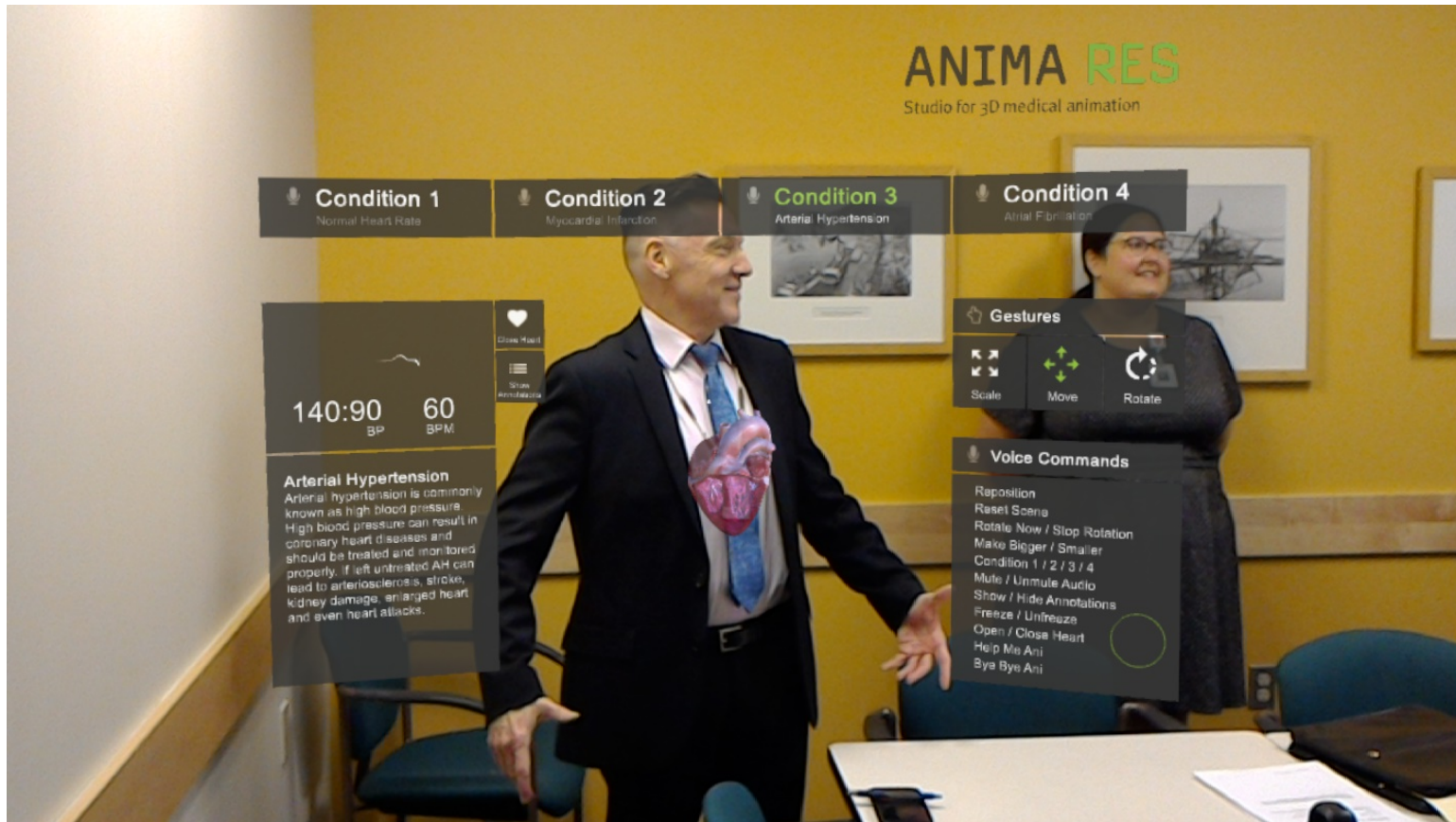
What's Next?

Alaska Blanket Exercise



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HoloLens2



<https://youtu.be/IRHd5CeZ6fg>



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Affinity Groups



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Cody Chipp, PhD
Director of Behavioral
Health
clchipp@anthc.org



Jackie Engebretson, MSW
Behavioral Health
Program Manager
jengebretson@anthc.org