



Harm Reduction in the Alaska Native Tribal Health System

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Agenda

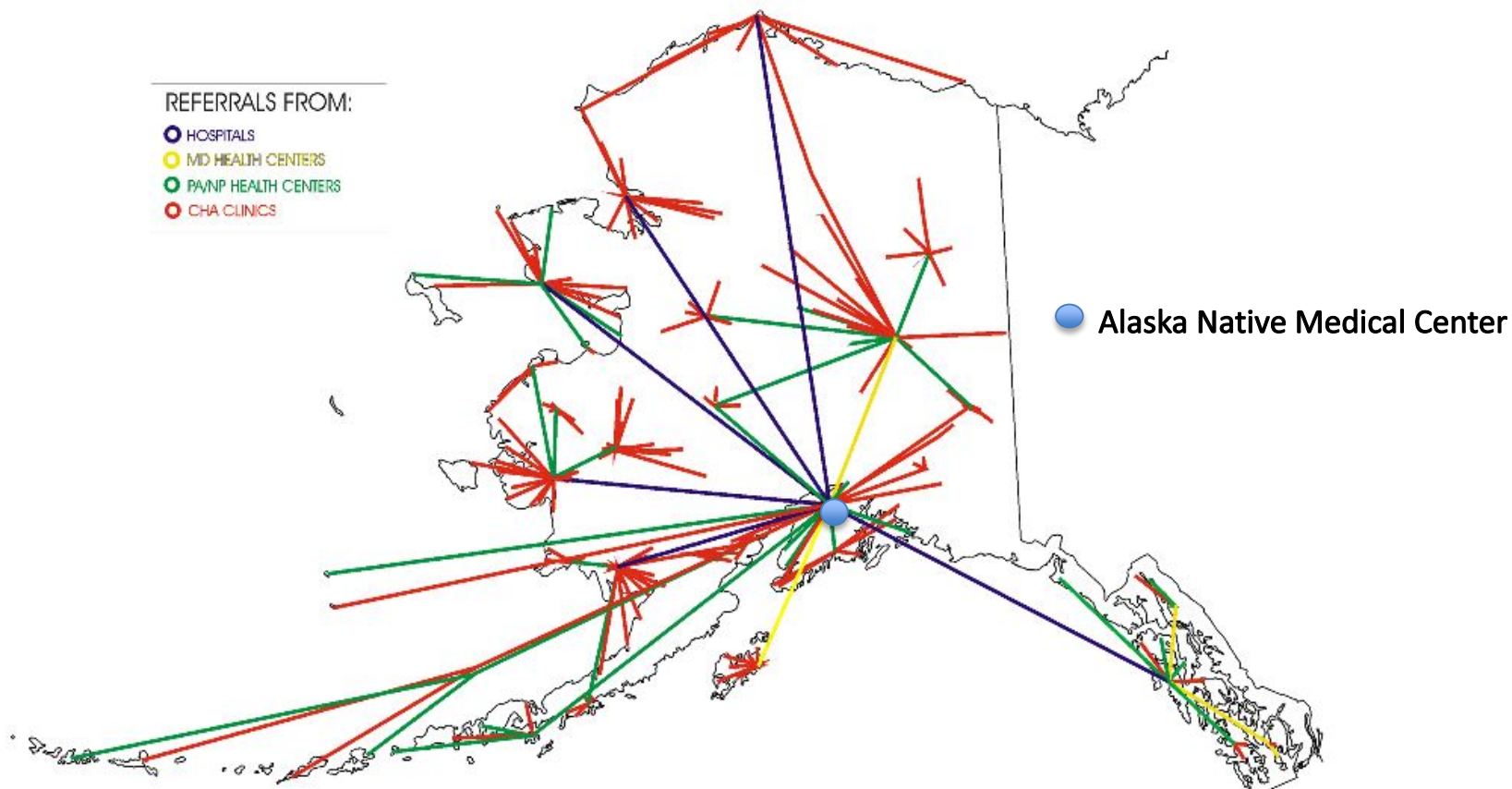
- Overview of Alaska Native Tribal Health System
- Indigenous harm reduction strategies
- Putting together the pieces of holistic health and wellness to address opioid misuse....

OUR VISION:

Alaska Native people are the healthiest people in the world.

Alaska Tribal Health System

Typical Referral Patterns



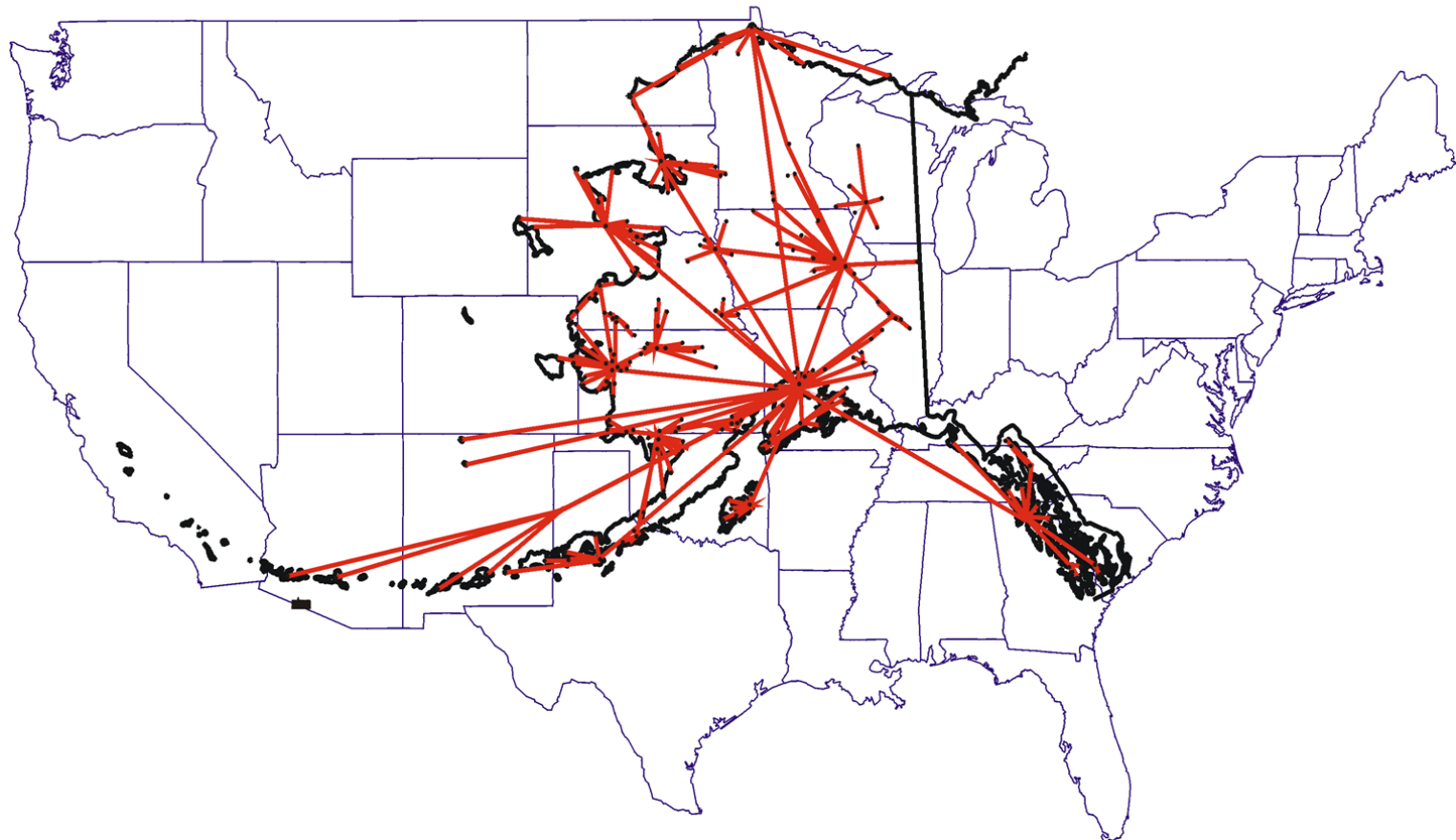
Map provided by
Alaska Native Tribal Health Consortium
Division of Information Technology
www.anthc.org



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THE ALASKA NATIVE HEALTH CARE SYSTEM REFERRAL PATTERN

Same Scale Comparison - Alaska Area to Lower 48 States



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Yukon-Kuskokwim Health Corporation Service Area Map



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Opioid Epidemic

The US and Alaska have seen a dramatic increase in the use of opioids and with it:

- Transmission of long-term viral infections (HIV, Hepatitis C and B)
 - Bacterial infections of the skin, bloodstream and heart
 - Death due to overdose
 - Neonatal Withdrawal Syndrome due to prenatal exposure
- Impacts individuals, families and entire communities

What We Do

HEALTHY PEOPLE & PREVENTION

Wellness

Traditional Foods and Nutrition

Behavioral Health

HEALTH RESEARCH AND DATA

Healthy Alaskans

Epidemiology Center

Clinical & Research Services

HEALTH TECHNOLOGY SERVICES

Biomedical Engineering

Telehealth

HEALTHY HOMES AND COMMUNITIES

Community Environment & Health

Clean Water & Sanitation

Rural Energy

Tribal Utility Support

Construction & Engineering

HEALTH ADVOCACY

Tribally-Sponsored Health Insurance Program

HEALTH TRAINING AND EDUCATION

Alaska Dental Therapy Ed. Prog.

Behavioral Health Aide

Community Health Aide

Scholarships

HEALTH AND MEDICAL SERVICES

Patient Housing

Alaska Native Medical Center (ANMC)

Institutional Environmental Health

Palliative Care



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Alaska Strategies for Harm Reduction

- Education
 - Community Health Services
 - Grants
 - iknowmine.org
 - Educational materials
 - Opioid puzzles
- Training
 - Injury Prevention
 - Behavioral Health Aide (BHA) Program
 - Community Health Aide Program (CHAP)
 - Dental Health Aide Program (DHAT)
- Outreach
 - Community clean-up and awareness events
 - Drug take back events/ Syringe drop boxes or disposals
 - Peer navigators/support
 - Harm reduction materials

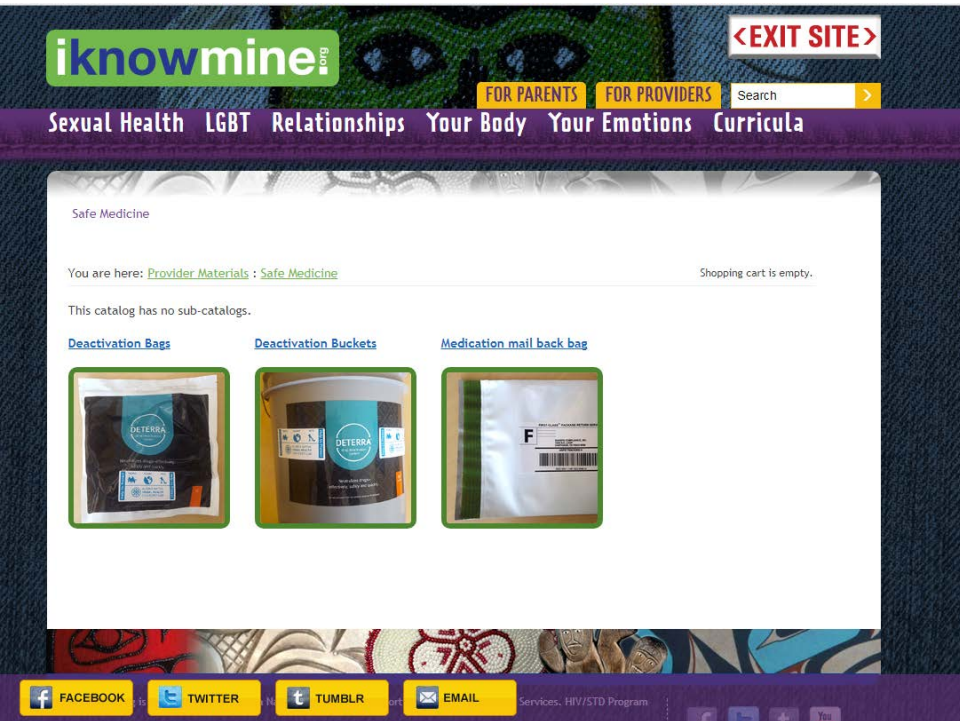


Narcan[®] (Naloxone) Kit

- ANTHC offers Narcan[®] Opioid Overdose Rescue Kits through Project HOPE. Narcan[®] kits includes:
 - 2 x 4mg naloxone nasal spray devices
 - 1 rescue breathing mask
 - 1 pair of gloves
 - Carrying case



Drug Deactivation Bags



www.iknowmine.org/safemedicine



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- HIV,
- Hepatitis C
- Drug overdose



Community Reinforcement and Family Training (CRAFT)

Engage
Loved One Into
Treatment

Reduce
Loved One's
Substance Use

Improve
Family Member's
Wellbeing

More Effective Than Other Interventions

CRAFT

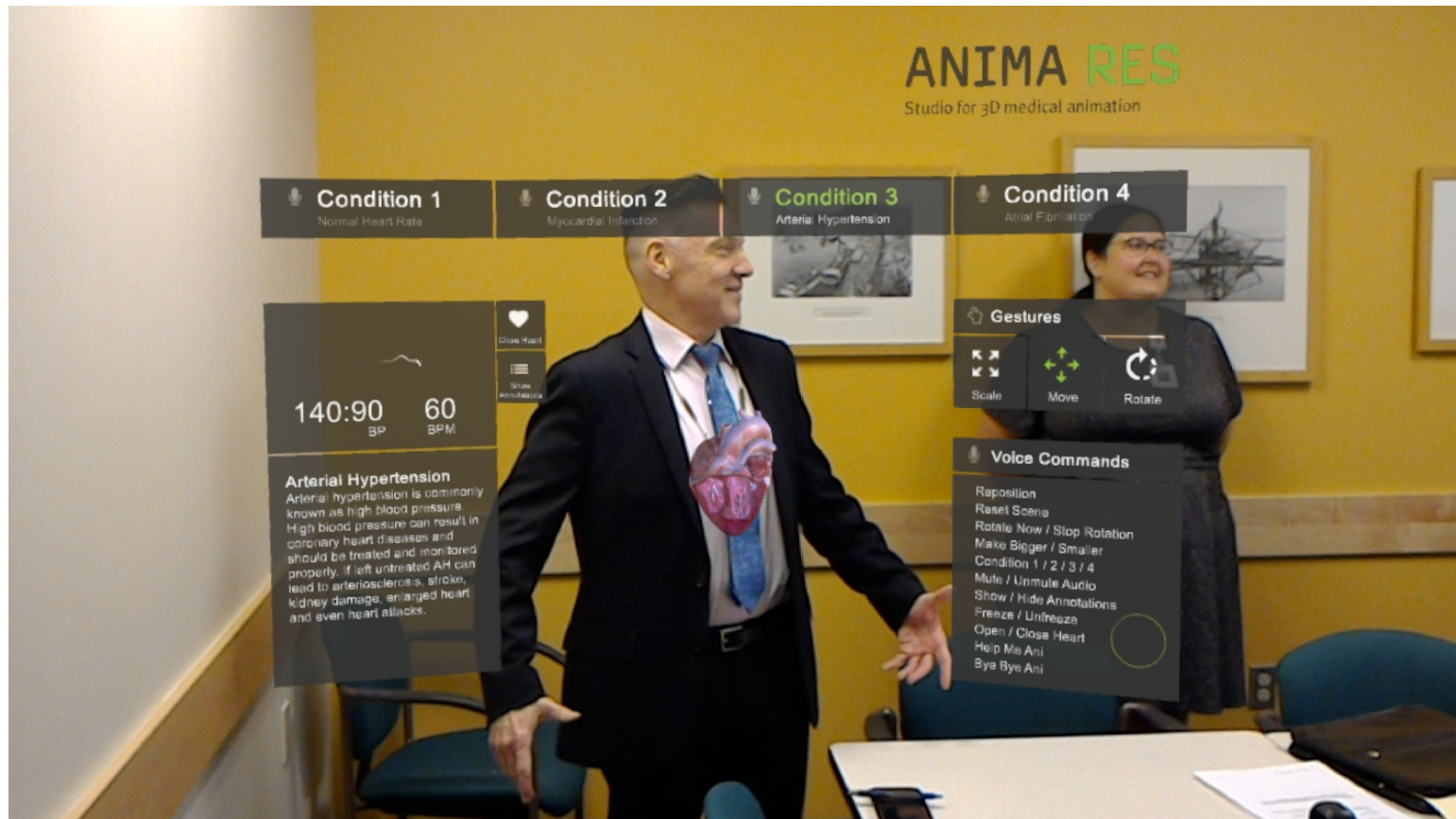
Johnson

Al-Anon



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HoloLens2



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Alaska Blanket Exercise



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Additional Strategies...

- ECHO Opioid Series
 - Partnership with University of Alaska Anchorage
- Environmental harm reduction



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Alaska Partnerships and Resources

- State of Alaska: Office of Opioid Misuse and Addiction Prevention Program
 - Statewide Opioid Action Plan (2018)
 - [Project HOPE](#)
- Prescription Drug Monitoring System



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