



ALASKA, IDAHO, OREGON, WASHINGTON

OPIOID SUMMIT



**SCIENCE TO
PRACTICE:
ADDRESSING THE
OPIOID CRISIS**



August 7–8, 2019 ♦ Vancouver, WA

WELCOME



ALASKA, IDAHO, OREGON, WASHINGTON
OPIOID SUMMIT

Science to Practice: Addressing the Opioid Crisis

On behalf of the Region 10 planning committee we would like to express a special thank you to Joe Finkbonner RPh, MHA, Lummi Nation Tribal Member, Executive Director at the Northwest Portland Area Indian Health Board and Tanna Engdahl, Spiritual Leader at the Cowlitz Tribe of Indians for the invocations at the openings of the summit.

LAND ACKNOWLEDGMENT

Before we start our meeting today, we acknowledge that we are here in Vancouver, on the traditional territories of the Cowlitz Tribe of Indians. The employees of the State of Washington here in the room are guided by the Centennial Accord and chapter 43.376 RCW – respecting and affirming tribal sovereignty and working with our tribal governments throughout the state in government-to-government partnership.

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A Special Thank You to the Planning Committee!

Alberta Unok, Alaska Native Health Board
Alicia Hughes, Washington State Health Care Authority
Allison Weeks, Alaska Division of Behavioral Health
Andy JoFmegannes, Alaska Division of Behavioral Health
Barbara Greene, Health and Human Services
Brita Bishop, Alaska Division of Behavioral Health
Brittany Cooper, WSU, PTTC
Bryan Hartzler, UW, NWATTC
Cheryl Wilcox, Washington State Health Care Authority
Colbie Caughlan, NW Portland Area Indian Health Board
David Dickinson, SAMHSA, Region 10 Administrator
Denna Vandersloot, UW, NWATTC
Earl Long, Washington State Health Care Authority
Gregg Maddox, Seattle Indian Health Board
Hannah Stanfield, Washington Association for Community Health
Jackie Engebretson, Alaska Native Tribal Health Consortium
Jacqueline Mercer, Native American Rehabilitation Association
Jessica Leston, NW Portland Area Indian Health Board
John Mcilveen, Oregon Health Authority
Julie Johnson, Oregon Health Authority

Juno Whittaker, Washington Healthcare Access Alliance
Katie Chapman, Alaska Division of Behavioral Health
Kelsey Smith Payne, Oregon Health Authority
Kersten Tano, Washington State Health Care Authority
Kevin Haggerty, UW, PTTC
Kris Shera, Washington State Health Care Authority
Megan Woodbury, NW Portland Area Indian Health Board
Michael Langer, Washington State Health Care Authority
Michelle Frye-Spray, CASAT, PTTC
Patricia Gomez, UW, Asst. to SDRG Director (Kevin Haggerty)
Rachel Gillett, Idaho Substance Use Disorder Single State Authority
Rosie Andueza, Idaho Substance Use Disorder Single State Authority
Rusha Grinstead, Oregon Health Authority
Sarah Mariani, Washington State Health Care Authority
Sarah Multanen-Karr, Washington State Health Care Authority
Sarah Pine, Washington State Health Care Authority
Shane Coleman, SouthCentral Foundation
Stephanie Endler, Washington State Health Care Authority
Verné Boerner, Alaska Native Health Board

SUMMIT INFORMATION

Check-in, Continuing Education Hours, and Certificates

Participants can earn 9 Continuing Education Hours (CEHs) for attending the general Summit. Continuing Education Hours (CEHs) have been approved by NAADAC.

Participants must check in at the registration desk upon arrival in order to receive credit for attendance for the general Summit.

Certificates for the general Summit will be sent digitally to all participants AFTER the Summit. Certificates will be emailed to the email address used for registration 10 business days following the completion of the electronic overall evaluation. To avoid system messages from sending to a SPAM folder, please approve messages from: contactus@region10opioidsummit.org or from noreply@etouches.com

Please notify the registration desk for adjustments on early departure certificates in advance. Certificates will not be mailed or printed.

Online Summit Evaluations

Links to the workshop and overall evaluations will be emailed to participants upon adjournment of the Summit.

Presentation Handouts and Resources

Participants may download presentation resources and PowerPoints from the Summit website. Downloads will be added to the Summit website two weeks after the adjournment of the Summit

AGENDA AT A GLANCE

Wednesday
August 7, 2019

Thursday
August 8, 2019

7:30 am - 8:15 am **Registration & Continental Breakfast**

8:15 am - 9:00 am **Opening Remarks** – Master of Ceremonies, David Dickinson, Regional Administrator, Region 10, Substance Abuse & Mental Health Services Administration, State Representatives, and John R. Graham, Regional Director, Region 10, Office of the Secretary, U.S. Department of Health & Human Services

Native Invocation – Joe Finkbonner RPh, MHA, Lummi Nation Tribal Member, Executive Director at the Northwest Portland Area Indian Health Board
Heritage Ballroom ABEF

9:00 am - 10:00 am **Plenary Session I**
Heritage Ballroom ABEF

10:00 am - 10:15 am **Networking Break**

10:15 am - 11:15 am **Workshop Session I**

11:15 am - 11:30 am **Networking Break**

11:30 am - 12:30 pm **Workshop Session II**

12:30 pm - 1:30 pm **Lunch (provided)**
Heritage Ballroom ABEF

1:30 pm - 2:30 pm **Workshop Session III**

2:30 pm - 2:45 pm **Networking Break**

2:45 pm - 3:45 pm **Workshop Session IV**

3:45 pm - 4:00 pm **Networking Break**

4:00 pm - 5:00 pm **Plenary Session II**
Heritage Ballroom ABEF

7:30 am - 8:30 am **Registration & Continental Breakfast**

8:30 am - 8:45 am **Opening Remarks** – Master of Ceremonies, David Dickenson

Native Invocation – Tanna Engdahl, Spiritual Leader at the Cowlitz Tribe of Indians
Heritage Ballroom ABEF

8:45 am - 9:45 am **Plenary Session III**
Heritage Ballroom ABEF

9:45 am - 10:00 am **Networking Break**

10:00 am - 11:00 am **Workshop Session V**

11:00 am - 11:15 am **Networking Break**

11:15 am - 12:15 pm **Plenary Session IV**
Heritage Ballroom ABEF

12:15 pm - 1:15 pm **Lunch (provided)**
Heritage Ballroom ABEF

1:15 pm **Conference Adjourns**



TRACKS AT A GLANCE

Wednesday, August 7, 2019

10:15 am - 11:15 am Workshop Session I



Prevention



Intervention

<p>Prevention</p> <p>Discovery Ballroom A</p> <p>1A: Implementation of Prevention Programming in Schools.</p>	<p>Prevention</p> <p>Discovery Ballroom B</p> <p>1B: Research-focused Family Prevention</p>	<p>Intervention</p> <p>Alder</p> <p>1C: Harm Reduction in Tribal Communities</p>	<p>Intervention</p> <p>Hemlock & Oak (2nd floor)</p> <p>1D: Fentanyl Test Strips and Syringe Service Programs</p>
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11:30 am - 12:30 pm Workshop Session II

<p>Prevention</p> <p>Discovery Ballroom A</p> <p>2A: Evidence-Based Prevention Programs to Address the Opioid Crisis</p>	<p>Prevention</p> <p>Discovery Ballroom B</p> <p>2B: Using Indigenous PAX Good Behavior as a Prevention Strategy in Classrooms</p>	<p>Intervention</p> <p>Alder</p> <p>2C: HIV Alliance</p>	<p>Intervention</p> <p>Hemlock & Oak (2nd floor)</p> <p>2D: Collaboration and Strategic Planning to Reduce and Prevent Opioid and Substance Use Disorders</p>
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1:30 pm - 2:30 pm Workshop Session III

<p>Prevention</p> <p>Discovery Ballroom A</p> <p>3A: Tribal Based Practices to Reduce Risk Factors</p>	<p>Prevention</p> <p>Discovery Ballroom B</p> <p>3B (see page 12 in program)</p>	<p>Intervention</p> <p>Alder</p> <p>3C: A New Understanding of Perinatal Substance Use</p>	<p>Intervention</p> <p>Hemlock & Oak (2nd floor)</p> <p>3D: Housing First Solutions with Opioid Use Disorders</p>
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2:45 pm - 3:45 pm Workshop Session IV

<p>Prevention</p> <p>Discovery Ballroom A</p> <p>4A: Programming-focused Family Prevention</p>	<p>Prevention</p> <p>Discovery Ballroom B</p> <p>4B: Strategic Communications Framing with Hope and Concern</p>	<p>Intervention</p> <p>Alder</p> <p>4C: A New Understanding of Perinatal Substance Use</p>	<p>Intervention</p> <p>Hemlock & Oak (2nd floor)</p> <p>4D: The Oregon HIV/Hepatitis & Opioid Prevention & Engagement (OR-HOPE) Initiative</p>
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Thursday, August 8, 2019

10:00 am - 11:00 am Workshop Session V

<p>Prevention</p> <p>Discovery Ballroom A</p> <p>5A: Tools for Changing the Conversation about Pain</p>	<p>Prevention</p> <p>Discovery Ballroom B</p> <p>5B: Preventing Opioid Misuse</p>	<p>Intervention</p> <p>Alder</p> <p>5C: Naloxone Interventions in Washington State</p>	<p>Intervention</p> <p>Hemlock & Oak (2nd floor)</p> <p>5D: Opioid Issues for Law Enforcement Working in Indian Country</p>
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TRACKS AT A GLANCE

Treatment

Recovery

Treatment

Discovery Ballroom C

1E: State and Federal Partnerships in Managing Opioid Treatment Programs

Treatment

Discovery Ballroom D/E

1F: A Model of Medication Assisted Treatment (MAT) in Rural Idaho

Recovery

Heritage C

1G: The Wellbriety Movement

Recovery

Heritage D

1H: Recovery Café and Recovery Communities

Treatment

Discovery Ballroom C

2E: Hazelden Betty Ford Foundation's COR-12 Model

Treatment

Discovery Ballroom D/E

2F: Traditional Native Approaches to Opioid Use Disorder

Recovery

Heritage C

2G: Recovery Oriented Systems of Care

Recovery

Heritage D

2H: Creating Hope: Honoring Bright Spots Across Alaska and Beyond

Treatment

Discovery Ballroom C

3E: Opioid Response Network

Treatment

Discovery Ballroom D/E

3F: The NEST Program

Recovery

Heritage C

3G: Oregon's 1st Recovery High School opening this Fall (Harmony Academy)

Recovery

Heritage D

3H: Recovering Smiles – Opioids and Oral Health

Treatment

Discovery Ballroom C

4E: Unhooked: How to Help an Addicted Loved One Recover

Treatment

Discovery Ballroom D/E

4F: Opioids - Effect on the Brain and What We do Wrong

Recovery

Heritage C

4G: Recovery Housing: An Evidence-Based Practice

Recovery

Heritage D

4H: Creating a Recovery Oriented System of Care in Hancock County, Ohio

Treatment

Discovery Ballroom C

5E: Law Enforcement Assisted Diversion (LEAD)

Treatment

Discovery Ballroom D/E

5F: Establishing Quality and Outcome Standards

Recovery

Heritage C

5G: Peer Support Services in Various Settings

Recovery

Heritage D

5H: Recovery Organizations Supporting a Variety of Community-Based Activities and Sports

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Northwest (HHS Region 10)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Be sure to stop by our exhibitors located in the
Heritage & Discovery Pre-Function areas!

Abbvie

www.abbvie.com

Coordinated Care

www.coordinatedcarehealth.com

Alkermes, Inc

www.alkermes.com

Molina Healthcare of Washington

www.MolinaHealthcare.com

Botvin LifeSkills Training

www.lifeskillstraining.com

Northwest ATTC/University of Washington

<https://attcnetwork.org/northwest>

**Case Western Reserve University
- Mandel School**

www.case.edu/socialwork

Recovery Unplugged

www.recoveryunplugged.com

CHOICE Regional Health Network

www.crhn.org

**University of Washington/Opioid
Response Network**

<https://opioidresponsenetwork.org/>

PLENARY SESSIONS

Heritage Ballroom ABEF

PLENARY SESSION I

Wednesday, August 7, 2019 ~ 9:00 am - 10:00 am

A Futures Lens for Addictions: Collective Imagination, Intelligence and Agility

Laura Burney Nissen, PhD, LMSW, CADC III, Professor, School of Social Work, Portland State University

What if there was a way to think about the future in a better way? In fact, for the last 50 years, there is a set of emerging frameworks and practices developed to refine and better apply, deep and concentrated effort in imagining an array of futures (both positive as well as negative) and aligning our readiness to meet whatever comes. Futures practice is an interdisciplinary established field and worthy of consideration in the addictions field and beyond. Including, but not limited to, strategic planning and design-related thinking – it involves skills of “foresight” and an ability to conduct and then apply deep scans of ecosystem factors and then apply them in creative ways, aligning them with human-centered values such as equity, justice, freedom and progress. How do issues like biomedical technology, the future of work, climate change and a host of other emergent issues present opportunities and challenges to addictions advocacy and practice? Should addictions professionals and advocates be futurists as part of our ethical imperative? This presentation will challenge participants to consider the urgent need to update our intellectual maps, tools and navigation tools for the next chapter of our shared journey into the future. Bringing the best of imagination, intelligence, diverse perspectives and agency – futures thinking invites communities to increase the chances of building towards a desired future, yet being ready for the full range of possibilities.

PLENARY SESSION II

Wednesday, August 7, 2019 ~ 4:00 pm - 5:00 pm

How Region 10 is taking action to address the Opioid Crisis with Prevention

Alicia Hughes, MA, CPP, Strategic Development and Policy Supervisor, Washington State Health Care Authority, Division of Behavioral Health and Recovery; Elana Habib, Opioid Misuse and Addiction Prevention Specialist, State of Alaska DHSS Office of Substance Misuse and Addiction Prevention; Laura Chisholm, PhD, MPH, MCHES, Injury & Violence Prevention Section Manager, Oregon Health Authority, Public Health Division; Melinda Smyser, Director, Idaho Office of Drug Policy

Region 10 states (Washington, Alaska, Oregon, and Idaho) will share highlights of prevention strategies and activities that are being implemented throughout each respective state. This includes community prevention services and programs, upstream prevention efforts including shared risk and protective factors, prescriber education, secure medicine take back efforts and safe storage, public education, and naloxone distribution efforts.

PLENARY SESSION III

Thursday, August 8, 2019 ~ 8:45 am – 9:45 am

The didgwálic Wellness Center Opioid Use Disorder Treatment Model

John Stephens, BS, Public Policy and Administration-WWU, Graduate Certificate Community Health Leadership-UW, CEO-didgwalic Wellness Center, Swinomish Indian Tribal Community

A tribal approach to holistic wellness for patients with OUD Comprehensive and intensive outpatient treatment model with all of these services provided in one facility: Transportation, Childcare, Primary Care, individual and Group SUD/ODU counselling, Medication Assisted Therapy including Methadone, Suboxone and Vivitrol, Social Work Services.

PLENARY SESSION IV

Thursday, August 8, 2019 ~ 11:15 am – 12:15 pm

Improving Addiction Care Team (IMPACT) - Hospital-based Addiction Care

Dr. Honora Englander, Oregon Health and Science University

Dr. Englander will share experience developing and implementing the Improving Addiction Care Team (IMPACT) at Oregon Health and Science University. IMPACT is a nationally recognized model of hospital-based addictions care. She will describe the IMPACT model, lessons learned, and outcomes. She will highlight the ways in which IMPACT is a catalyst for change, or hopes to be, across hospitals, health systems, the addiction treatment system, the criminal justice system, and communities.

WORKSHOP SESSION I

Wednesday, August 7, 2019 – 10:15 am - 11:15 am

■ Prevention

1A: Implementation of Prevention Programming in Schools: Lessons from the Field [Discovery Ballroom A](#)

Joe Neigel, Monroe School District

Why primary prevention? In this session, participants will learn why and how prevention & evidence-based methodologies are positively impacting Washington state in the fight against opioids. In addition, explore primary prevention in school-based settings. Join us in learning how all of this ties together to furthering prevention and increasing impact.

Heidi Peterson, Prevention Specialist, Program Manager and Regional Director, Utah Division of Substance Abuse and Mental Health

When it comes to primary prevention, school-based use of evidence-based programs is crucial. Come learn about Utah's state-wide implementation of Botvin Life Skills Training and gain insights on how legislative backing has helped increase program saturation. Participants will also learn tips on involving local coalitions to obtain increased buy-in, funding, and sustainability of evidence-based programs.

1B: Research-focused Family Prevention—An Introduction to PCAP and Families Facing the Future [Discovery Ballroom B](#)

Kevin Haggerty, PhD, Director, Social Development Research Group; Linda Segur, BA, CDP, Clinical Director, Kitsap PCAP

This session will focus on two parenting programs that are conducted with parents who are misusing opioids. The Parent-Child Assistance Program (PCAP) is an evidence-based home visitation case-management model for mothers who abuse alcohol or drugs during pregnancy. Its goals are to help mothers build healthy families and prevent future births of children exposed prenatally to alcohol and drugs. The second program is Families Facing the Future (FFF). This program provides 33 sessions of family workshops along with home based case management. Both of these evidence based approaches seek to improve family conditions to promote healthy child development and prevent future drug use.

■ Intervention

1C: Harm Reduction in Tribal Communities [Alder](#)

Jackie Engebretson, MSW, Behavioral Health Program Manager, Alaska Native Tribal Health Consortium; Matt Ignacio (Tohono O'odham), PhC, MSSW, School of Social Work, University of Washington; Jennifer Summers, MS, Substance Abuse Prevention Program Manager, Alaska Native Tribal Health Consortium

The United States opioid epidemic and the risk for new infections due to injection drug use is striking tribal communities and shows no signs of slowing down. In this session, you will learn how Tribes are implementing the harm reduction model to increase: more efficient methods of substance use disorders treatment, harm-minimizing based programs, and intervention services to help reduce overdoses and the spread of infectious diseases. Attendees will be able to identify promising practices that can be adapted for use by tribal communities.

1D: Fentanyl Test Strips and Syringe Service Programs: Knowledge is Power [Hemlock & Oak \(second floor\)](#)

Lisa Al-Hakim, People's Harm Reduction Alliance; Sarah Deutsch, MPH, Drug User Health Consultant, Washington State Department of Health; Sean Hemmerle, BA, Overdose Education & Naloxone Consultant Washington State Department of Health, Naloxone Interventions in Washington State

A panel of experts from the People's Harm Reduction Alliance and the Washington State Department of Health's Drug User Health Team will discuss their efforts in providing Syringe Service Program (SSP) participants with a newly state-funded drug checking tool: fentanyl test strips. Fentanyl test strips can detect the presence of fentanyl and fentanyl analogs. This is a critical strategy for programs to engage people who use drugs in dialog about overdose prevention strategies, as well as improve their overall relationship with the community they serve. The panel will also discuss misconceptions about fentanyl and limitations to the test strip technology, and allow time for comments and questions from the audience.

WORKSHOP SESSION I

Wednesday, August 7, 2019 – 10:15 am - 11:15 am

■ Treatment

IE: State and Federal Partnerships in Managing Opioid Treatment Programs: [Discovery Ballroom C](#) **The DEA and State Opioid Treatment Authorities**

Jessica Blose, Washington State Opioid Treatment Authority; Kathryn Chapman, Alaska State Opioid Treatment Authority, Rachel Gillett, Idaho State Opioid Treatment Authority; Melissa Kellstrom, DEA; John McIlveen, Oregon Opioid Treatment Authority; Loren Miller, DEA

For the last half century, and long before the FDA approval of buprenorphine to treat opioid use disorder (OUD), opioid treatment programs (OTPs) have been a mainstay and a crucial link to medication assisted treatment for individuals with OUD. OTPs remain the most highly regulated and monitored form of substance use disorder (SUD) treatment in the United States today. In this session, participants will learn about the history and the role of both the State and Federal governments in managing these programs; a panel of Region X State Opioid Treatment Authorities (SOTAs) will discuss their roles in this process, and representatives from the US Drug Enforcement Administration will additionally discuss how their diversion control division plays a key role in helping patients receive access to this crucial modality of care. Emphasis in the Q and A period will be on the intersection between expansion of treatment access for OUD and Federal narcotics law and compliance, diversion control, including specific examples, and a discussion of how OTPs work with State and Federal authorities to provide medications in other settings, including jails, medical facilities, and other non-OTP SUD settings.

IF: A Model of Medication Assisted Treatment (MAT) in Rural Idaho [Discovery Ballroom D/E](#) *Reid Lofgran, North Canyon Medical Center*

Statistics on Idaho will be followed by a description of the model used at North Canyon Medical Center for MAT therapy. MAT 101 - This includes a description of the medications used for MAT, as well as a summary of concepts around addiction treatment, contracts, consent information.

■ Recovery

IG: The Wellbriety Movement: Cultural Approaches to Healing [Heritage C](#) *Don Coyhis, White Bison*

Mr. Coyhis will introduce the concept of Wellbriety as balance and connection to the natural laws that create healing within the native community. Culturally based tools are discussed as a way for changing families. A combination of immense losses and traumatic events that have perpetrated an entire culture need healing as natives across the nation are encouraged to seek to reinstate cultural ways, language and sacred traditions. The unfortunate consequences of trauma include not believing you have a future, difficulties within families and a distrust of the outside world. This is passed down through direct parent-child interactions and also through interactions with extended family and the community. Healing will take place through application of cultural and spiritual knowledge.

IH: Recovery Café and Recovery Communities: How to Fund, Sustain and Grow Your Model [Heritage D](#) *Ronnie Davis, Development Officer, Recovery Café; Jean Adler Stean, M.Div, Community Engagement Manager, Recovery Café; Tony Vezina, Recovery Café Model in OR – 4th Dimension Recovery Center*

Sharing about the Seattle Recovery Café, the model spreading across the country, and the ways that we engage donors to support our community.

WORKSHOP SESSION II

Wednesday, August 7, 2019 – 11:30 am - 12:30 pm

■ Prevention

2A: Evidence-Based Prevention Programs to Address the Opioid Crisis: [Discovery Ballroom A](#)

The Washington State Approach Discovery

Angie Funairole, MS, Prevention System Manager, Division of Behavioral Health and Recovery, Washington State Health Care Authority; Gitanjali Shrestha, MA, PhD Candidate, Washington State University

This presentation aims to inform participants about Washington State's efforts to develop a list of evidence-based programs to be implemented as part of a comprehensive community-based approach to reduce youth opioid and/or prescription drug misuse and/or associated risk factors. An overview of the analytic approach employed to review and select programs will be described. The Community Prevention and Wellness Initiative (CPWI) is a data-informed, community coalition model aimed at bringing together key local stakeholders to implement substance use prevention services in their communities. The Washington Opioid State Targeted Response Project (WA-Opioid STR) expanded the CPWI model to five high-need communities intended to reduce opioid misuse and abuse. Participants will learn about the implementation of CPWI as a science-based model for youth substance use and misuse in high-need communities, explicitly prioritizing opioid use and misuse.

2B: Using Indigenous PAX Good Behavior as a Prevention Strategy in Classrooms: [Discovery Ballroom B](#)

Nancy Fiander, Bachelor of Science in Nursing/Master's Degree in Education-Professional Development, PAX Trainer on Special Assignment, PAXIS Institute, Anntonette Silva-Jose, PAXIS Institute

This session will focus on the impact of the Opioid crisis in Native Communities within New Mexico and how New Mexico is utilizing Opioid funding to implement the evidenced based practice of the PAX Good Behavior Game in Indigenous Communities.

■ Intervention

2C: HIV Alliance [Alder](#)

Amanda McCluskey, Program Director, HIV Alliance

Rural access to harm reduction services can be limited and impact HIV/HCV and overdose risk. In this session you will learn about harm reduction programs provided in rural Oregon, challenges faced and strategies for building partnerships to support Harm Reduction in rural areas. Attendees will be able to identify best practices used in implementing harm reduction services in rural communities.

2D: Collaboration and Strategic Planning to Reduce and Prevent Opioid and Substance Use Disorders in Alaska [Hemlock & Oak \(second floor\)](#)

Cody Chipp, PhD, Director of Behavioral Health, Alaska Native Tribal Health Consortium; Jackie Engebretson, MSW, Behavioral Health Program Manager, Alaska Native Tribal Health Consortium

The Alaska Native Tribal Health Consortium (ANTHC), in partnership with Alaska-based tribal health organizations and community partners, is committed to reducing and preventing opioid and substance use disorders in the State of Alaska through collaboration and strategic planning. These efforts seek to improve tribal public health systems through strengthening the use of population health data, leveraging data collected from a statewide needs assessment, and responding to public health policies that impact behavioral health service delivery. This workshop will share findings, best practices, and lessons learned in the ongoing collaborative, strategic process. Attendees will participate in activities utilized in the strategic planning session.

WORKSHOP SESSION II

Wednesday, August 7, 2019 – 11:30 am - 12:30 pm

■ Treatment

2E: Hazelden Betty Ford Foundation's COR-12 Model for Treating Opioid Use Disorder [Discovery Ballroom C](#)

Jim Cowser, LCSW, MCAP, MSSW, Master Trainer, Hazelden Betty Ford Foundation; Jordan Hansen, Hazelden Betty Ford Foundation

Participants will learn about the COR-12 protocol, a recovery-oriented approach to medication-assisted treatment, community collaboration, and establishing healing systems of care. Presenters will share experiences around culture shifts in abstinence-based systems, establishing wraparound programming in rural areas, induction protocols in emergency departments and bridge clinics, and other effort around establishing MAT programs around the country.

2F: Traditional Native Approaches to Opioid Use Disorder [Discovery Ballroom D/E](#)

Meda DeWitt, Tlingit Traditional Healer.

(Summary unavailable at time of print)

■ Recovery

2G: Recovery Oriented Systems of Care: Community Integration to Address the Opioid Epidemic [Heritage C](#)

Krista Hales, MS, LADC-S, IOTRC Director, Center for Behavioral Health; Amanda Juhasz, Licensed Clinical Professional Counselor (LCPC), Program Director - Meridian, Idaho, Center for Behavioral Health

The Recovery Oriented Systems of Care model developed by William White is becoming a popular approach to addressing the opioid epidemic in both large and small communities. In this session, participants will review the aspects of the ROSC model and examples of implementation. Center for Behavioral Health will identify successes and barriers when adopting the model, while defining opportunities for community integration.

2H: Creating Hope: Honoring Bright Spots Across Alaska and Beyond [Heritage D](#)

Dr. Gary Ferguson, ND, Healthy Communities Consultant, KAANGUX- Healthy Communities Consulting

Hope is powerful. As we focus on honoring what is working in our communities, we create positive energy and momentum in addressing the challenges on the road to recovery. This presentation will cover holistic and community-specific interventions in addressing addictions, recovery.

WORKSHOP SESSION III

Wednesday, August 7, 2019 – 1:30 pm - 2:30 pm

■ Prevention

3A: Tribal Based Practices to Reduce Risk Factors [Discovery Ballroom A](#)

Caroline Cruz, BS, CPM, CPS, Health & Human Services General Manager, Confederated Tribes of Warm Springs

Federal, state and county governments have been embracing the concepts of "evidence-based", "research-based", "science-based" and "best-practices" as requirements for successful funding of awards. Oregon tribes and tribal communities voiced objections to the movement towards "evidence-based" because it imposes a linear approach to funding requirements that are greatly at odds with the circular worldview held by most American Indian/Alaskan Native (AI-AN) people. Oregon tribes, tribal entities and other academic advisors have met regularly since 2003 to gather information about indigenous practices that have longevity within tribal communities. As a result, practices were documented and a format was created to bridge the gap between the scientific definition and tribal best practices to reduce risk factors and increase protective factors with a focus on national outcome measures.

3B: Voices from Prevention at the Community Level [Discovery Ballroom B](#)

Rose Cheff, Certified Prevention Specialist, Board Chair, Community Coalitions of Idaho

Rose Cheff is representing the Community Coalitions of Idaho (statewide prevention) and Custer County Coalition, grass roots prevention.

Health and Wellbeing comes from our Identity as Indigenous People

Rose Dornick, BA Justice, Director of Preventative Services, Yukon Kuskokwim Health Corporation

Callicaraq builds bridges and serve as bridges between two very diverse communities of practice, research and policy. Blending of contemporary Behavioral Health Services and Indigenous wisdom provides the best outcomes to move away from the impacts of colonization. It engages our communities to learn and teach how to live well so that drug abuse and many other unhealthy coping strategies are not the normal way of life for our families in our communities.

Community-Based Opioid Prevention Strategies, Challenges and Successes...Oh My!

Kelley Groen-Sieckmann, BA, Prevention & Youth Services Specialist, Educational Service District 112

This presentation will highlight challenges, successes and strategies intended for preventing or delaying the misuse and abuse of opioids among youth and families. These strategies include Drug Take Back events as well as statewide and regionally developed social marketing campaigns designed to inform and educate people about the dangers of prescription drug misuse and the importance of safe storage, use, and disposal. Come learn how the southwest region of Washington state is using these methods to address the opioid prevention needs in their communities and how you can use the strategies to address the opioid prevention needs in your communities.

■ Intervention

3C: A New Understanding of Perinatal Substance Use: Harm Reduction Parenting and Pregnancy [Alder](#)

Glyceria Tsinas, QMHA, Director Of Development, Academy of Perinatal Harm Reduction

This workshop will highlight the clinical and practical efficacy of harm reduction as an effective method of care for pregnant and parenting people. Topics will include, ACES, trauma informed care, stigma, bias, language, and the importance of social and economic stability and supports as major factors in long term outcomes.

3D: Housing First Solutions with Opioid Use Disorders [Hemlock & Oak \(second floor\)](#)

Emmett Anderson, SHORE Program Manager, Downtown Emergency Service Center (DESC); Lisa Grillo, SUD Clinical Supervisor, Downtown Emergency Service Center (DESC)

Staff from DESC in Seattle, Washington will share harm reduction based strategies for managing opioid use in their low barrier housing projects. This discussion will explore identifying opioid users, building clinical rapport, providing harm reduction support, responding to requests for treatment (including Medication Assisted Treatment) and identifying and responding to opioid overdoses.

WORKSHOP SESSION III

Wednesday, August 7, 2019 – 1:30 pm - 2:30 pm

■ Treatment

3E: Opioid Response Network: Innovative Responses from Around the Region [Discovery Ballroom C](#)

Marvis Doster, CARN, Technology Transfer Specialist, University of North Dakota; Jan Schnellman, MEd, Technical Transfer Specialist

The Opioid Response Network (STR-TA) was launched in May, 2018 through a SAMSHA grant managed by AAAP to address the issues involving Prevention, Treatment and Recovery from OUD with specialized technical assistance with partner organizations and consultants with expertise in these areas throughout the US and territories. The presenters will discuss the efforts that have been initiated to date through requests to the network for technical assistance and relay how to access the services of the Opioid Response Network.

3F: The NEST Program: A Novel Program for the Care of Substance Affected Newborns and their Families [Discovery Ballroom D](#)

Bill Trawick, NNP-BC, Neonatal Nurse Practitioner, Alaska Neonatology Associates / The NEST Program

The NEST is an inpatient, hospital-based medical unit designed specifically to care for substance-exposed infants and their families. The program consists of progressive medical intervention and intensive social support for the infant and family. This workshop will discuss the principles of care for The NEST as well as our practices and outcomes.

■ Recovery

3G: Oregon's 1st Recovery High School opening this Fall (Harmony Academy) [Heritage C](#)

Brent Canode, Oregon Recovery High School Initiative; Tony Mann, MA, Superintendent, Molalla River School District

Harmony Academy has brought together change agents from Oregon in education, healthcare and youth treatment and recovery support to revolutionize the way we support students impacted by substance use disorders. Harmony Academy, as a school-of-choice, provides a safe, sober and supportive gold-standard education for youth in recovery, where they can develop the skills and strengths needed for personal, academic, vocational and community success. While the objectives of academic competency and progress towards high school graduation are a primary focus, there is an equal commitment to a comprehensive recovery program that includes an individualized contract with the youth, commitment to their recovery, linkage to other behavioral health services, family support and comprehensive case management and resource coordination. You will learn of the vision, the model and the cross-sector partnerships that have helped create this new reality.

3H: Recovering Smiles – Opioids and Oral Health [Heritage D](#)

Lisa Bilich, RDH, MSEd, Professor of Dental Hygiene, Eastern Washington University

To gain confidence and increase overall health, oral care must be included in the recovery plan. Yet the use of opioids makes for a complex treatment plan for the client in recovery. This presentation will help participants identify resources in their community to help the client in recovery.

WORKSHOP SESSION IV

Wednesday, August 7, 2019 – 2:45 pm - 3:45 pm

■ Prevention

4A: Programming-focused Family Prevention: Strengthening Families Program [Discovery Ballroom A](#)

Kate Foster, Washington State University, Whatcom & Skagit County Extension

Investing in family-focused prevention programs shows consistent positive outcomes for communities by increasing protective factors while reducing risk factors for youth. The Discussion will spotlight Strengthening Families Program 10-14 which is an evidence based universal prevention program serving youth 10-14 and the adults raising them.

4B: Strategic Communications Framing with Hope and Concern [Discovery Ballroom B](#)

Sara Thompson, Senior Trainer and Positive Community Norms Communications Specialist, The Montana Institute

Improve strategic communications around substance use prevention in your community with the Science of the Positive, a framework that promotes protective factors, increases healthy norms, and positively changes community cultures. This session will provide attendees with a proven communication skill that can be used immediately to address a variety of challenging issues of substance use prevention.

■ Intervention

4C: Addressing Implicit Bias and Stigma Towards Drug Users [Alder](#)

Matt Ignacio (Tohono O'odham), PhC, MSSW, School of Social Work, University of Washington

This presentation is intended for service providers working with active injection drug users in American Indian/Alaska Native/Native Hawaiian communities. An overview of harm reduction, key concepts, and traditional Native values guiding this work are discussed. An overview of injecting drugs and related harm reduction intervention models are presented. Lastly, Native-focused suggestions for addressing drug use among individuals, organizations, and communities are also provided.

4D: The Oregon HIV/Hepatitis and Opioid Prevention and Engagement (OR-HOPE) Initiative [Hemlock & Oak \(second floor\)](#)

Dr. P. Todd Korthuis, Oregon Hope Project; Oregon Health & Science University

(Summary unavailable at time of print)

WORKSHOP SESSION IV

Wednesday, August 7, 2019 – 2:45 pm - 3:45 pm

■ Treatment

4E: Unhooked: How to Help an Addicted Loved One Recover [Discovery Ballroom C](#)

Jason Coombs, MPC, CEO, Brick House Recovery

Around the country, Jason Coombs enthusiastically offers personal insight and wisdom in bringing together evidence-based approaches into realistic context. He strongly believes that Motivational Interviewing and person-centered skills & techniques only go so far without relatable application to influence an addicted person. Many professionals and family members believe that addiction recovery happens in good facilities, programs or jails. The truth is, people don't recover in buildings, treatment centers, or prison cells. Addicted people recover in RELATIONSHIPS. So how do you help an addicted person recover? Furthermore, how do you help an addicted person want to change, and then sustain recovery-oriented actions over time? Jason will address these questions and provide simple and actionable suggestions that drive measurable results.

4F: Opioids - Effect on the Brain and What We do Wrong [Discovery Ballroom D/E](#)

John Hart, DO, Peace Health SW Washington Medical

Visually see what happens to the brain when chronic opioids are given. This is physiology not psychology. Show how we physicians and our hospitals have a direct responsibility for heroin addiction. Heroin addiction is not an accident that occurs outside of our offices and hospitals. Understand what we should do, but most likely will not.

■ Recovery

4G: Recovery Housing: An Evidence-Based Practice [Heritage C](#) *Jason Bliss, Regional State Coordinator, Oxford House Inc; Alan Muia, M.Ed., Chair, Washington Alliance for Quality Recovery Residences*

Recovery housing is a primary game changer in the ability of people in recovery to succeed post treatment and/or incarceration. This workshop will feature a brief review of the research supporting this conclusion, an overview of the variety of recovery housing options, and how each are helpful in the overall continuum of care. We also will cover the Oxford House model specifically, how Oxford houses are started, house requirements, and how the model supports recovery in the midst of the opioid crisis.

4H: Creating a Recovery Oriented System of Care in Hancock County, Ohio [Heritage D](#) *Precia Stuby, LISW-S, Executive Director, Conference Speaker*

Combating the opiate epidemic from recovery management framework has proven to be a way to mobilize and engage all sectors of a community. The presenter will share how this framework was designed for Hancock County and what the results are five years into the transition. Participants will leave with a fundamental understanding of the framework and examples of how engaging the community can have a positive impact on clinical outcomes, leveraging financial resources, and reducing stigma.

WORKSHOP SESSION V

Thursday, August 8, 2019 – 10:00 am - 11:00 am

■ Prevention

5A: Tools for Changing the Conversation about Pain: Resources for Clinicians and Patients [Discovery Ballroom A](#)

Nora Stern, Oregon Health Authority

Treating pain does not have to be torture! Pain science shows that all pain can change and improve and the clinician's message plays a critical role. This presentation will address contemporary understanding of pain, and the role of pain education in safe opioid prescribing, deprescribing and pain care treatment.

5B: Preventing Opioid Misuse: [Discovery Ballroom B](#)

More Evidence on the Importance of Shared Risk and Protective Factors

Michelle Frye-Spray, MS, CPS, Workforce Development Project Manager, University of Nevada; Blair Brooke-Weiss, Communities That Care Specialist, Center for Communities That Care, University of Washington

During this session, participants will examine how working from a shared risk and protection lens adds a critical layer to opioid misuse prevention efforts. They will explore why an upstream frame on preventing opioid misuse can strengthen their local efforts.

■ Intervention

5C: Naloxone Interventions in Washington State [Alder](#)

Kurt Gordon, EMT-P, Lieutenant Paramedic, Tacoma Fire Department; Sean Hemmerle, BA, Overdose Education & Naloxone Consultant, Washington State Department of Health; Lisa Pratt, DNP, PMHNP-BC, CARN-AP, Psychiatric Mental Health Nurse Practitioner, Suquamish Tribe Wellness Center

A panel of experts from Tacoma Fire Department, Washington State Department of Health, and the Suquamish Tribe Wellness Center will discuss their naloxone distribution programs including pitfalls and successes. They will answer audience questions and provide information on their front-line efforts to make this opioid overdose reversal medication widely available to the public.

5D: Opioid Issues for Law Enforcement working in Indian Country [Hemlock & Oak \(second floor\)](#)

Mike Lasnier, Suquamish Police Department

A review of best practices that are working for Tribal Police, emerging trends in Enforcement strategies, overdose death prevention, and Enforcement challenges that are unique to Tribal communities. We'll discuss everything from naloxone use to body cams, field testing (or not), using the Tribal Law & Order Act, TAP terminals, overdose warning systems and projects to expand the ability of Tribes to extradite offenders who flee from Tribal jurisdiction.

■ Treatment

5E: Law Enforcement Assisted Diversion (LEAD) [Discovery Ballroom C](#)

Tim Candela, Project Manager, Public Defender Association; Malika Lamont, BA, MPA LEAD Project Manager, Public Defender Association

This workshop will focus on pre-booking diversion associated with drug crimes. The primary foci will highlight the mechanism of referrals, intensive care coordination, and affiliated outcomes for individuals, communities, and systems.

WORKSHOP SESSION V

Thursday, August 8, 2019 – 10:00 am - 11:00 am

5F: Establishing Quality and Outcome Standards Discovery Ballroom D/E **for Opioid Use Disorder Treatment: HEALing Communities**

Katie Marks, PhD, Kentucky Opioid Response Effort Project Director, Kentucky Cabinet for Health and Family Services

Kentucky united through legislative efforts to initiate the development of enhanced licensure and quality standards for SUD treatment and recovery. Informed by national recommendations, cross-systems agencies, and input from service providers, a conceptual framework for assessing indicators of quality was developed. This presentation will provide an overview of the program-level process measures and client-level outcomes and how Kentucky is aligning this implementation with ongoing statewide efforts through the HEALing Communities study.

■ Recovery

5G: Peer Support Services in Various Settings Heritage C

Michelle Marikos, BS, PSS, Peer Support Specialist for Chronic Pain, Synergy Health Consultants and Moving through Chronic Pain

The role of peer support specialist in primary care practices, specifically Peers for Chronic Pain, the opioid crisis and opioid tapering. The missing pieces and the gaps that peers fill.

Amy Stocker, PSS, CRM, Peer Support Specialist, OHSU IMPACT / MHA AO

Amy Stocker will provide an understanding of the benefits and importance of having peers integrated into a hospital setting, and what that generally looks like at OHSU.

Josh Wallace, Executive Director, Peer Seattle & Peer Spokane

Josh Wallace will be speaking from the point of view of community based peer support for individuals addressing opioid use challenges.

5H: Recovery Organizations Supporting a Variety of Community-Based Activities and Sports Heritage D

Shiloe Allison, The Recovery Gym Director; Brent Canode, Alano Club of Portland, Recovery Toolkit Series & The Recovery Gym

The Recovery Toolkit Series (RTS) is a multi-disciplinary model built on evidence-based practices that enable people with substance use disorders to create individualized recovery toolkits according to their own needs. The RTS includes peer support specialists, yoga and meditation classes, Mindfulness-Based Stress Reduction & Relapse Prevention training, health and wellness seminars, art-based programming, exercise recovery groups, CrossFit, advocacy projects and large-scale social events. In recognition of these innovations, the Club was awarded the prestigious Joel M. Hernandez Award at the America Honors Recovery Gala in Washington, D.C. The Club's latest initiative is The Recovery Gym (TRG), the first fitness studio in the Pacific Northwest, exclusively for individuals in behavioral health recovery. TRG is a fully programmed fitness center serving more than 500 individuals each week with daily CrossFit classes, trail and road running programs, climbing courses, strength classes and yoga. All TRG staff are licensed CrossFit trainers or NASM personal trainers, who are also cross certified as recovery peer support specialists. TRG's commitment to evidence-based programming is unmatched, with all services and new programs being evaluated by our partners at the University of Pennsylvania, University of the Sciences and the National Institutes of Health.

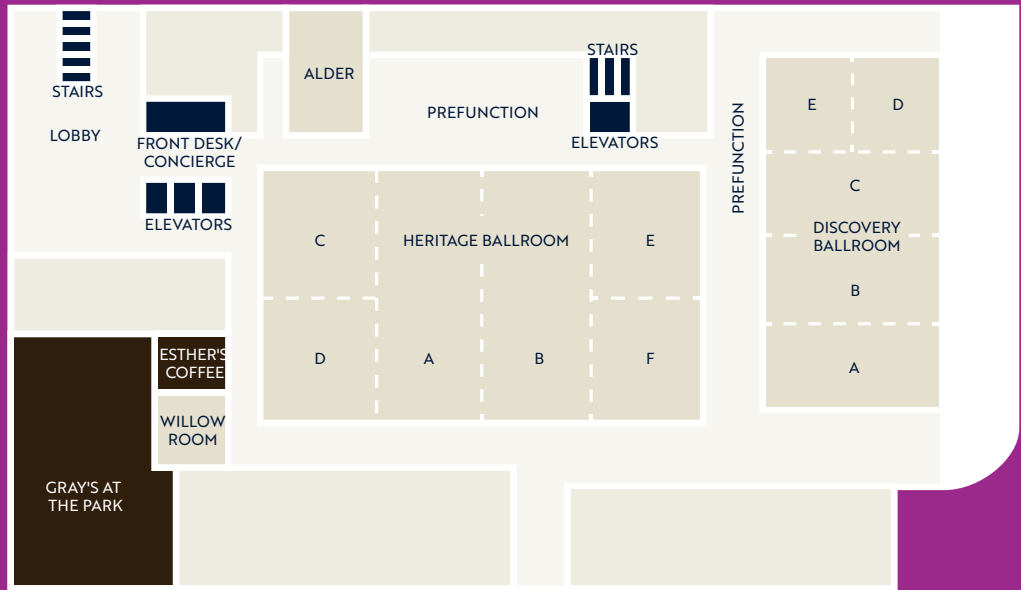
Scott Jones, Chapter Manager, The Phoenix

The Phoenix is a free sober active community. We ask that participants have at least 48 hours of continuous sobriety to participate, or choose to live a sober life. We do activities from yoga to mountain biking, strength training to multi-day backpacking. Education and growth, as well as community and positive relationships are reinforced through our events. We maintain a simple but comprehensive set of community standards that help to ensure respectful and fulfilling outcomes. We provide recovery support services that often can become a bridge between treatment or incarceration and everyday life.

FACILITY MAP

Hilton Vancouver Washington
301 West 6th Street, Vancouver, WA 98660

FIRST FLOOR



SECOND FLOOR

